



AL-SHIFA TRUST EYE HOSPITAL

Rawalpindi/Sukkur/Kohat/Muzaffarabad/Chakwal

SEPTEMBER 2024



NEW OPD BLOCK INAUGURATED AT CHAKWAL HOSPITAL

Maj Gen (Retd) Rehmat Khan, President Al-Shifa Trust, along with the family of our esteemed donor, Dr. Nasir Baz, inaugurated a new OPD block at Chakwal Hospital on July 22, 2024.

The expansion of the facility was initiated by President Maj Gen (Retd) Rehmat Khan as a strategic response to the substantial patient demand experienced since the hospital's inception in 2021. The newly inaugurated OPD block has significantly increased the hospital's daily OPD capacity from 150 to 650 patients. This expansion will facilitate the provision of timely and effective tertiary eye care services to an increased number of individuals in the region.

The inauguration ceremony was attended by the Trustees and Senior Management of Al-Shifa Trust, the family of Dr. Nasir Baz, and locals from Chakwal. The event was also live-streamed on Zoom and YouTube for a wider audience.



GROUNDBREAKING CEREMONY HELD FOR AL-SHIFA TRUST EYE HOSPITAL IN GILGIT-BALTISTAN



Al-Shifa Trust is set to construct a state-of-the-art eye hospital in Gilgit. A groundbreaking ceremony was held on July 27, 2024 to mark the commencement of construction for the new hospital that will serve over 1.8 million people across 14 districts of Gilgit-Baltistan, providing free, high-quality eye care services to the region.

The groundbreaking ceremony was led by the Chief Minister of Gilgit-Baltistan, Mr. Gulbar Khan. Maj Gen (Retd) Rehmat Khan, President Al-Shifa Trust, Mr. Nasruddin Rupani, Chairman of the Rupani Foundation, Maj Gen Kashif Khalil, Force Commander FCNA, trustees and senior management of Al-Shifa Trust, local notables, and donor representatives also graced the ceremony with their esteemed presence.

The hospital is being constructed on a 20-kanal land provided by the government of Gilgit-Baltistan on a long-term lease. The project will cost a total of 355 million PKR, with the Rupani Foundation contributing 50% of the cost. The hospital is expected to be completed by 2026. Initially, it will provide outpatient services and cataract surgeries, with plans to offer specialized treatments in retina, glaucoma, cornea, and oculoplastics. The facility will also include a training center for paramedics in Gilgit-Baltistan and a walk-in clinic for patients with mental health problems.

Speaking at the ceremony, Maj Gen (Retd) Rehmat Khan expressed gratitude for the support received from the government and donors. Mr Nasruddin Rupani commended Al-Shifa's efforts and highlighted the critical need for specialized eye care services in Gilgit-Baltistan.

Al-Shifa Trust is committed to advancing Sustainable Development Goals (SDGs), with SDG 3 (Good Health and Well-Being) and SDG 17 (Partnerships for the Goals) being central to the vision for the new eye hospital in Gilgit.



RAYNER HONORS PRESIDENT AL-SHIFA TRUST FOR COMBATING BLINDNESS IN PAKISTAN

Al-Shifa Trust is proud to announce that the leadership, compassion, and tireless efforts of our honorable President, Maj Gen (Retd) Rehmat Khan, has set a remarkable example worldwide. Rayner, a renowned UK-based manufacturer of intraocular lenses, has presented a Certificate of Appreciation to president AST. The certificate commends his selfless dedication to serving the underprivileged and his instrumental role in combating blindness in Pakistan.

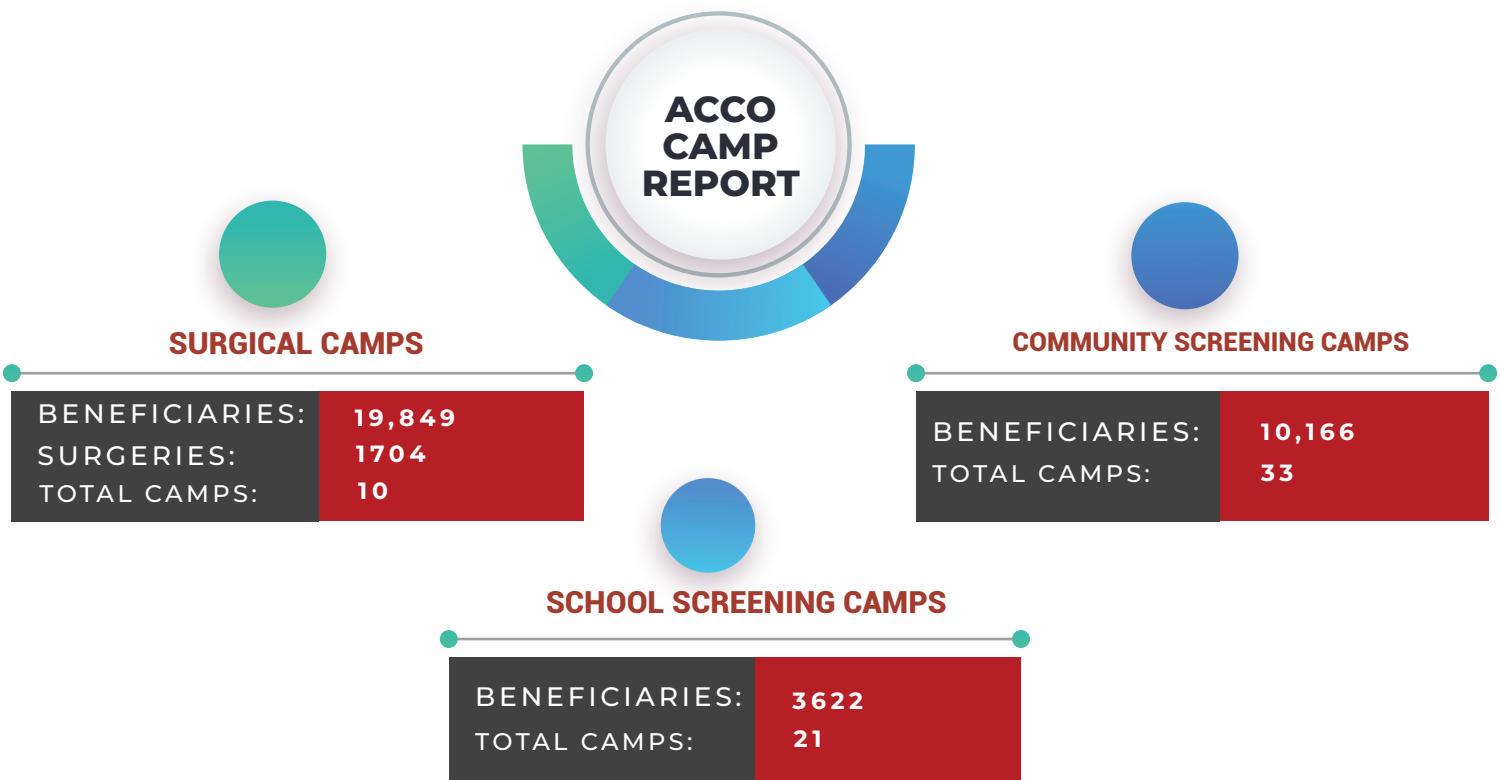


ACCO CONTINUES COMMUNITY OUTREACH ACROSS PAKISTAN AMID HIGH TEMPERATURE

Al-Shifa Center for Community Ophthalmology (ACCO) continued its mission to provide essential eye care services to the underserved communities. ACCO teams in Rawalpindi, Sukkur, Kohat, Muzaffarabad and Chakwal actively conducted community eye screening, school screening and surgical eye camps in various regions across Pakistan.



Al-Shifa Center for Community Ophthalmology (ACCO) Camps Summary, June & July



AL-SHIFA TRUST PARTNERS WITH OGDCL TO EXPAND COMMUNITY EYE CARE

We are pleased to announce a new partnership with OGDCL for the purchase of three state-of-the-art Mobile Surgical Units that will assist Al-Shifa's community outreach team to provide free eye surgeries in remote areas of Pakistan. OGDCL has generously sponsored this new initiative with a support of 143.4 million PKR.

The MoU was signed by Mr. Ahmed Hayat Lak, Managing Director/CEO OGDCL, and Maj Gen (Retd) Rehmat Khan, President Al-Shifa Trust.

This partnership contributes to the prime SDGs of the healthcare NGO sector, Good Health and Wellbeing (SDG 3) and Partnerships for the goals (SDG 17).

Maj Gen (Retd) Rehmat Khan thanked OGDCL for their continuous support, which also extends to Al-Shifa's year-round community eye camps.



CELEBRITIES CHOOSE AL-SHIFA TRUST AS THEIR GO-TO EYE HOSPITAL

Al-Shifa Trust Eye Hospital continues to be the preferred hospital for exceptional eye care, as evidenced by the recent visits of two prominent figures from Pakistan's entertainment industry.

Legendary actor, Mr Anjum Habib recently visited Al-Shifa Trust Eye Hospital for an eye checkup in the Retina Department. He praised the world-class facilities at the hospital and expressed satisfaction over the top-notch treatment he received from our retina specialist.

Last month, we were also honored to welcome social media sensation Umar Shah and his brother, Peer Ahmad Shah. Umar underwent a successful eye surgery at Al-Shifa Trust. We wish him a speedy recovery and thank the Shah family for their confidence in our expertise.



AL-SHIFA TRUST CELEBRATES CATARACT AWARENESS MONTH

Al-Shifa Trust Eye Hospital held a series of events to mark Cataract Awareness Month. A dedicated ceremony was organized by the Cataract Surgery & General Ophthalmology Department, graced by the presence of honorable chief guest, Maj Gen (Retd) Rehmat Khan, President Al-Shifa Trust.

Prof. Dr. Sabih-ud-din Ahmed, Head of the General Ophthalmology Department highlighted the department's achievements in cataract care and recognized the contributions of his team. The President, Maj Gen (Retd) Rehmat Khan shed light on Al-Shifa's commitment to providing free consultations, eye surgeries, and premium lenses to the underprivileged patients. The event concluded with the distribution of certificates among the outstanding performers.

Concurrently, a health promotion activity was conducted under the supervision of Prof. Dr. Sabih-ud-din Ahmed. During this initiative, students from the Pakistan Institute of Ophthalmology provided health education to ophthalmology patients on cataract symptoms, prevention, and available treatment modalities.



AL-SHIFA TRUST'S OPHTHALMOLOGISTS ATTEND WCPOS V IN MALAYSIA

Distinguished ophthalmologists from Al-Shifa Trust attended the 5th World Congress of Paediatric Ophthalmology and Strabismus, held in Kuala Lumpur from July 11 to 13, 2024. The event, co-located with the 14th Malaysian Society of Ophthalmology Annual Scientific Meeting (MSO-ASM), brought together global leaders in pediatric ophthalmology.

Four ophthalmologists from Al-Shifa Trust—Dr. Aunaza Maqbool, Dr. Sara Naveed Malik, Dr. Rabia Sharif, and Dr. Warda Ali—showcased their work at the conference. Dr. Aunaza Maqbool, Assistant Professor, Pediatric Ophthalmology, presented a case study on unilateral buphthalmos, and Dr. Sara Naveed Malik, Senior Registrar, Pediatric Ophthalmology, contributed three e-posters and a video to the pediatric ophthalmology sessions.

Dr. Rabia Sharif and Dr. Warda Ali, Consultants at the Cornea and Refractive Surgery department of Al-Shifa Trust presented their research at the adult ophthalmology session of the 14th MSO-ASM.



YOUNG RESIDENTS REPRESENT AL-SHIFA AT 25TH AICO CONFERENCE

Resident ophthalmologists from Al-Shifa Trust Eye Hospital, Rawalpindi represented our hospital at the 25th annual Islamabad Congress of Ophthalmology (AICO) Conference 2024.

Dr Hajra Arshad, Dr Muhammad Saad, Dr Sharooq Ahsan, and Dr Rehan Naqish presented their research work in ophthalmology through e-posters at the conference. We appreciate these brilliant minds for their contributions to both clinical practice and research.

AL-SHIFA TRUST IS EXPANDING ITS REACH

COMING SOON TO GILGIT



GROUNDBREAKING

In line with its commitment to SDG 3 (Good Health and Well Being) and SDG 17 (Partnerships for the Goals), Al-Shifa Trust in partnership with Rupani Foundation is constructing a new state-of-the-art eye hospital in Gilgit.



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