



# Al-Shifa Trust Eye Hospitals

Rawalpindi, Sukkur, Kohat, Muzaffarabad, Chakwal, Gilgit, Haveli Lakha, Lahore

EDITION  
MARCH  
2026



# THE HEALING TOUCH

NEWSLETTER

# PRESIDENT'S MESSAGE

I feel honoured to introduce the inaugural issue of '**The Healing Touch**', Al-Shifa Trust's monthly newsletter. This platform is being launched to keep our partners and supporters informed about the work that we are doing. Every step we take, every new initiative we launch takes us closer to achieving our mission of 'Eliminating Preventable Blindness in Pakistan'.

Our direction has always been clear - providing quality eye care and treatment to those who have limited access to such services and facilities. Our developmental activities are very ambitious. By the grace of God, we have carried out preparatory work to commence the construction of the most modern eye hospital of the region in Lahore next month. In the meantime, the hospital at Haveli Lakha is almost complete and shall commence its operations by the next month.

Every month, this newsletter will bring updates on our operational and developmental activities. In this inaugural issue, I am glad to share that Al-Shifa Centre for Community Ophthalmology (ACCO) has undertaken a spectacular initiative of providing medical care in addition to conducting eye screening and surgical procedures with the help of our mobile eye operation theatres. Al-Shifa Trust has reconstructed its centre to handle Retinopathy of Prematurity (RoP) cases - which will make us the only facility in the country to treat retinal diseases in premature babies.

I want to take this opportunity to thank all donors, partners, medical professionals and staff whose generosity and dedication have made this work possible.

Together, we will bring light in the lives of people in Pakistan and across borders.

**Maj Gen (Retd) Rehmat Khan**  
President, Al-Shifa Trust



**Maj Gen (R) Rehmat Khan**  
**President, Al-Shifa Trust**

## Editorial Board

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## A PHILANTHROPIC EVENING OF GIVING 'NOOR-E-RAMZAN' ANNUAL IFTAR DINNER

In the spirit of the blessed month of Ramadan, Al-Shifa Trust proudly hosted 'Noor-e-Ramzan' Annual Iftar Dinner held on March 7th, 2026 at Serena Hotel, Islamabad. The event featured attendance from the esteemed donors and supporters of Al-Shifa Trust as well as the senior management and HODs from Al-Shifa.

President Al-Shifa Trust, Maj Gen (Retd) Rehmat Khan highlighted that Al-Shifa Trust's consolidated efforts will help extend quality eye care to every nook and corner of Pakistan, with new hospitals set to serve the public in Gilgit, Haveli Lakha and Lahore.

### HEALING HEARTS WITH EMPATHY AND COMPASSION IN RAMADAN

Dr. Tahira Idrees  
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# PLANNING PROCESS

## AL-SHIFA TRUST EYE HOSPITAL, LAHORE

Al-Shifa Trust, with its mission to spread light in Pakistan, is constructing its flagship project in Lahore. This hospital aims to address the growing need for specialized medical and eye care services. The hospital is set to begin its construction in due course of time and the following enabling works have been completed:

- ACTION HAS BEEN TAKEN TO OBTAIN APPROVAL OF THE AUTHORITY AND NOC FOR UTILITY CONNECTION
- SITE CONTOUR SURVEY AND GEO-TECHNICAL INVESTIGATION
- ENVIRONMENTAL IMPACT ASSESSMENT
- BOUNDARY WALL DEMARCATED AROUND THE PLOT
- APPROVAL OF CHANGE IN LEASED LAND USE FROM AGRICULTURAL TO COMMERCIAL

**The enabling works of this project have been completed. The construction of this hospital shall begin in full swing by April 1st, 2026.**

# A GLIMPSE OF THE DESIGN OF OUR PRIDE PROJECT



## EXTENDING OUR HEALING TOUCH BEYOND BORDERS



Little Ni'moh from Somalia sought treatment for a mass that hindered her vision and endangered her health. Her parents consulted various doctors across the world but could not find a permanent cure to her ailment.

Her parents brought her from Somalia to Al-Shifa Trust Eye Hospital in Pakistan. The expert oculoplastic surgeons at Al-Shifa Trust operated on her eye and helped her experience the world around her as a normal child would.

Now a happy, healthy six-year-old, Ni'moh treads on the path of recovery as she is able to see the world in all its colours.

## CARVING NEW PATHS TO TACKLE RARE EYE DISEASES

Kashmala, a young girl troubled by psychiatric issues, could not find a moment of peace as her eyesight also kept deteriorating and hindering her daily activities.

Having visited various hospitals across the country in search of treatment, there was no place that provided her with an appropriate diagnosis. Ultimately, she was referred to Al-Shifa Trust Eye Hospital, Rawalpindi. Hoping to finally find a cure of her ailment, she visited the facility with hope in her eyes and anticipation in her heart.

Al-Shifa Trust being the house of Pakistan's first Ophthalmic Genetics lab, conducted her genetic testing which confirmed the diagnosis of glaucoma. She has been undergoing treatment and has noticed a significant improvement in the management of the disease.



## SPREADING LIGHT TO EVERY NOOK AND CORNER OF THE COUNTRY



**AL-SHIFA TRUST**

Second Floor	
Subsidized Ward	2
Free Ward	3
Oncology ward	2A
Ophthalmic Genetics	4

Al-Shifa Trust has long been committed to eliminating blindness from the country. With a network of tertiary care eye hospitals located strategically across Pakistan and the country's largest community outreach program for eye care, our dedicated doctors strive to ensure that no soul has to surrender to darkness.

As the pioneer of comprehensive eye care in Pakistan, Al-Shifa Trust Eye Hospitals deal with thousands of eye diseases every day. Our expert surgeons conduct life-changing surgeries and help countless souls dream again.

# OUR IMPACT



**Over 105,300**  
Total OPD



**Over 11,257**  
Total IPD



**Over 71,347**  
Eye Camp OPD



**Over 2,130**  
Eye Camp IPD



## HONOURING OUR ESTEEMED SUPPORTER DR. TAHIRA IDREES

Al-Shifa Trust holds its esteemed supporter, Dr. Tahira Idrees in high regard and greatly honours her selfless services to support its mission of Eliminating Blindness from Pakistan. She has played a pivotal role in spreading light and the gift of sight to every corner of the country with her generous contributions in monetary terms and also with her medical and clinical expertise. She travels with our community outreach team round the year and extends first-hand medical and eye care to thousands of patients every day.

# OUR NETWORK OF HOSPITALS



**RAWALPINDI**



**CHILDREN EYE HOSPITAL, RAWALPINDI**



**SUKKUR**



**MUZAFFARABAD**



**KOHAT**



**CHAKWAL**

## UPCOMING HOSPITALS

**LAHORE**



**GILGIT**



**HAVELI LAKHA**



## FRIENDS OF AL-SHIFA TRUST FROM THE USA

Al-Shifa Trust has been able to continue its life-changing activities with the continued support of esteemed individuals from the USA who believe in the act of giving to enlighten futures and transform lives.



**MR. NASRUDDIN RUPANI**



**MR. ZIA BUTT**



**DR. NASEER BAZ**



**MR. TAHIR ZAFAR**



**DR. MAZHAR JAFRY**



**MR. MURTAZA ABBAS**



**MR. TERRY SHEIKH**



**DR. ISHAQUE CHISHTI**

# BECOME A VISION HERO CREATE A LEGACY BEYOND YOUR YEARS

DONATIONS IN PAKISTAN



SCAN HERE

DONATIONS IN US



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\* In USA donation made by cheque or via credit card has been granted not for profit 501 (C) (3) status of the Internal Revenue Service.



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