



Al-Shifa Trust Eye Hospitals

Rawalpindi, Sukkur, Kohat, Muzaffarabad, Chakwal, Gilgit, Haveli Lakha, Lahore

EDITION
APRIL
2026



THE HEALING TOUCH

NEWSLETTER

PRESIDENT'S MESSAGE

I feel honoured to share the impact of Al-Shifa Trust with you as we move forward with renewed vigour and commitment.

I would like to especially highlight the exceptional performance of our outreach program. After introduction of Mobile Eye Operation Theatre Units and Medical Treatment services, we are reaching out to underserved populations with remarkable efficiency. Al-Shifa Trust's community outreach team travels to remote areas to restore sight and give hope.

The dedication of our teams as they work in challenging environments reflects the true spirit of Al-Shifa Trust – that is 'transforming lives'. Equally significant is the advancement of our Retinopathy of Prematurity (RoP) centre, a critical initiative aimed at protecting the vision of premature babies. Early detection and timely intervention can prevent life-long blindness.

We are witnessing a steady increase in the number of patients, exceeding last year by 20%. This is a testament of the trust placed in us by the community. This increase is creating challenges to keep the quality of treatment at the highest level. Our team is working tirelessly to meet this challenge gracefully. Another milestone is the completion of our seventh hospital at Haveli Lakha. This hospital will be the beacon of light for the underprivileged living in this remote area. I express my sincere gratitude to Dr. Ishaque Chishti from St. Louis for sponsoring this hospital to help the poor people of his hometown.

Let me also thank our doctors, nursing staff, paramedics and support staff who are continuing to perform at this very high level of efficiency, due to which we continue to embark on our journey of excellence. To the donors, I would like to say that your unwavering support is making it all possible. Thank you.

My Fond Regards,



Maj Gen (Retd) Rehmat Khan
President, Al-Shifa Trust



Maj Gen (R) Rehmat Khan
President, Al-Shifa Trust

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PAKISTAN'S ONLY CENTRE FOR COMPREHENSIVE ROP SCREENING

Al-Shifa Trust Eye Hospital, Rawalpindi is Pakistan's only eye hospital that offers a new hope to premature infants. At Al-Shifa Trust, we offer comprehensive screening, treatment and rehabilitation to the premature infants dealing with Retinopathy of Prematurity (RoP), a retinal disease among premature infants that occurs primarily when the retina is not completely developed. Timely intervention and treatment within two months of birth can reverse this disease. At Al-Shifa Trust, complete RoP treatment from screening to diagnosis to injection and laser therapy are offered absolutely free-of-cost.

In a pioneering step, Al-Shifa Trust has taken the initiative to educate the public regarding the risks and treatment options available for this disease. Our team conducts regular visits to various hospitals, primarily NICUs and premature wards to create awareness regarding this disease.

During the month of April 2026, various ROP cases have been dealt with the utmost expertise at our hospital:

- Total Consultations - 239
- Diagnosis - 90
- Total IPD - 14



AL-SHIFA CENTRE FOR COMMUNITY OPHTHALMOLOGY (ACCO) EXTENDS ITS HEALING TOUCH TO EVERY NOOK AND CORNER OF PAKISTAN

Al-Shifa Centre for Community Ophthalmology (ACCO) is Pakistan's largest community outreach program for eye care. Our team travels to far-flung and underserved areas across the country and extends quality eye care to the doorstep of underprivileged communities.

Our dedicated team screens thousands of patients and conducts cataract and other eyesight restoring surgeries with the help of our field and mobile eye operation theatre units. Free vision glasses and medicines are distributed among all patients requiring specialised care. In addition to eye OPDs, general medical OPDs and screenings for Diabetes Mellitus and Hypertension are also conducted at our camps.

APRIL 2026 PERFORMANCE



Total OPD
36,565

Total Surgeries
1726

School Screening
27,373



AL-SHIFA TRUST EYE HOSPITAL, HAVELI LAKHA IS ALL SET TO SERVE THE PUBLIC

In line with its mission of Eliminating Blindness from Pakistan, Al-Shifa Trust Eye Hospitals have the prime vision to be the centre of excellence in the domain of eye care. At our hospitals, we ensure that all patients receive the most comprehensive eye care regardless of their age, gender or financial status.

Al-Shifa Trust is now extending its healing touch to Haveli Lakha, a small town in Depalpur Tehsil of Okara District. This hospital is the only modern, air-conditioned building in an area that is devoid of basic facilities.

Al-Shifa Trust Eye Hospital, Haveli Lakha will extend free eye care to the underserved population in Haveli Lakha and adjoining areas. This hospital's infrastructure has the capacity to cater to over 150 OPD and 15 IPD patients per day.

With cutting-edge medical and surgical technologies, this hospital is fully equipped to perform life-changing surgeries and other ophthalmic procedures absolutely free-of-cost.

The construction of this hospital has been completed and shall be ready to receive patients after formal inauguration.



EXTENDING OUR SINCERE GRATITUDE TO DR. ISHAQUE CHISHTI

Al-Shifa Trust is extremely grateful to Dr. Ishaque Chishti from St. Louis, who has donated two acres of land for the construction of this hospital. He has also covered the major cost for the construction of this eye care facility. Due to the impeccable support from his end, this dream has turned into reality.

CHAIRMAN RUPANI FOUNDATION & AL-SHIFA INSTITUTION OF EYE CARE VISITS AL-SHIFA TRUST EYE HOSPITAL, RAWALPINDI

On April 5th, 2026, Mr. Nasruddin Rupani, Chairman, Rupani Foundation & Al-Shifa Institution of Eye Care, and his team visited Al-Shifa Trust Eye Hospital Rawalpindi. President Al-Shifa Trust, Maj Gen (Retd) Rehmat Khan and Senior Management gave him a briefing on the comprehensive eye care facilities and services at the behest of Al-Shifa Trust.

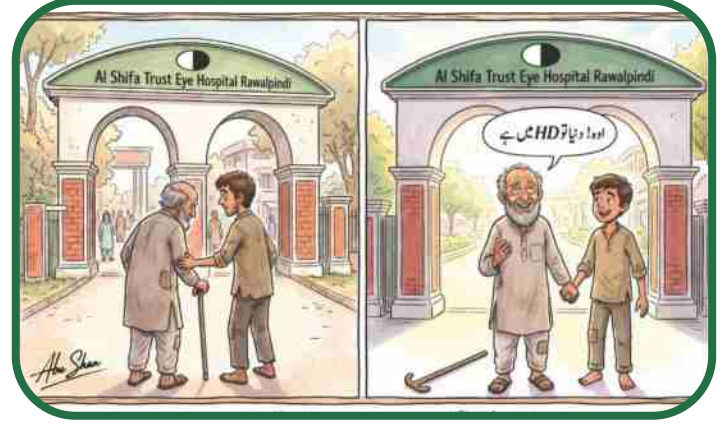
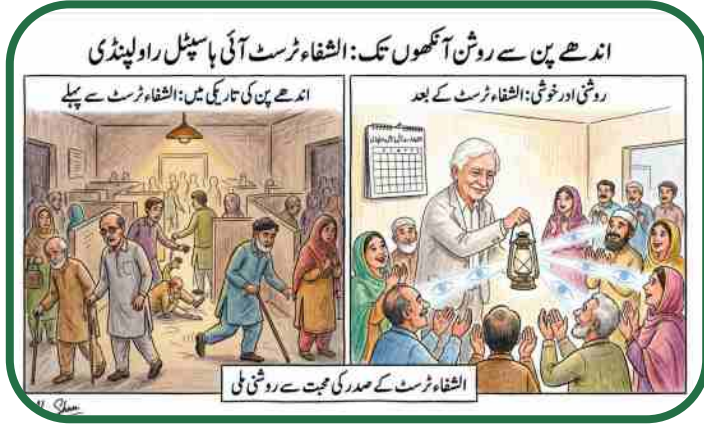
Mr. Rupani greatly lauded the state-of-the-art eye care services being provided across all departments of Al-Shifa Trust. He was greatly appreciative of how Al-Shifa Trust goes above and beyond to sustain its operations and extend free eye to all without discrimination.

He displayed unwavering dedication and reflected a shared interest to expedite the completion of Al-Shifa Trust Eye Hospital, Gilgit and South Asia's Largest Eye Care Centre in Lahore.

President Al-Shifa Trust, Maj Gen (Retd) Rehmat Khan hosted a liaison dinner for Mr. Rupani and his team whereby both parties discussed avenues for future collaborations.



INSPIRING CREATIVITY – TRANSFORMING LIVES



Al-Shifa Trust extends its immense gratitude to Mr. Abu Shan for finessing his creativity into a meaningful illustration that captivates the heart of Al-Shifa Trust's mission.

Al-Shifa Trust's commitment to eliminate blindness is strengthened by the esteemed support of our patrons who not only play a monumental role in spreading awareness but also creating a legacy that lasts beyond a lifetime.

PATRONAGE THAT CREATES A LASTING IMPACT

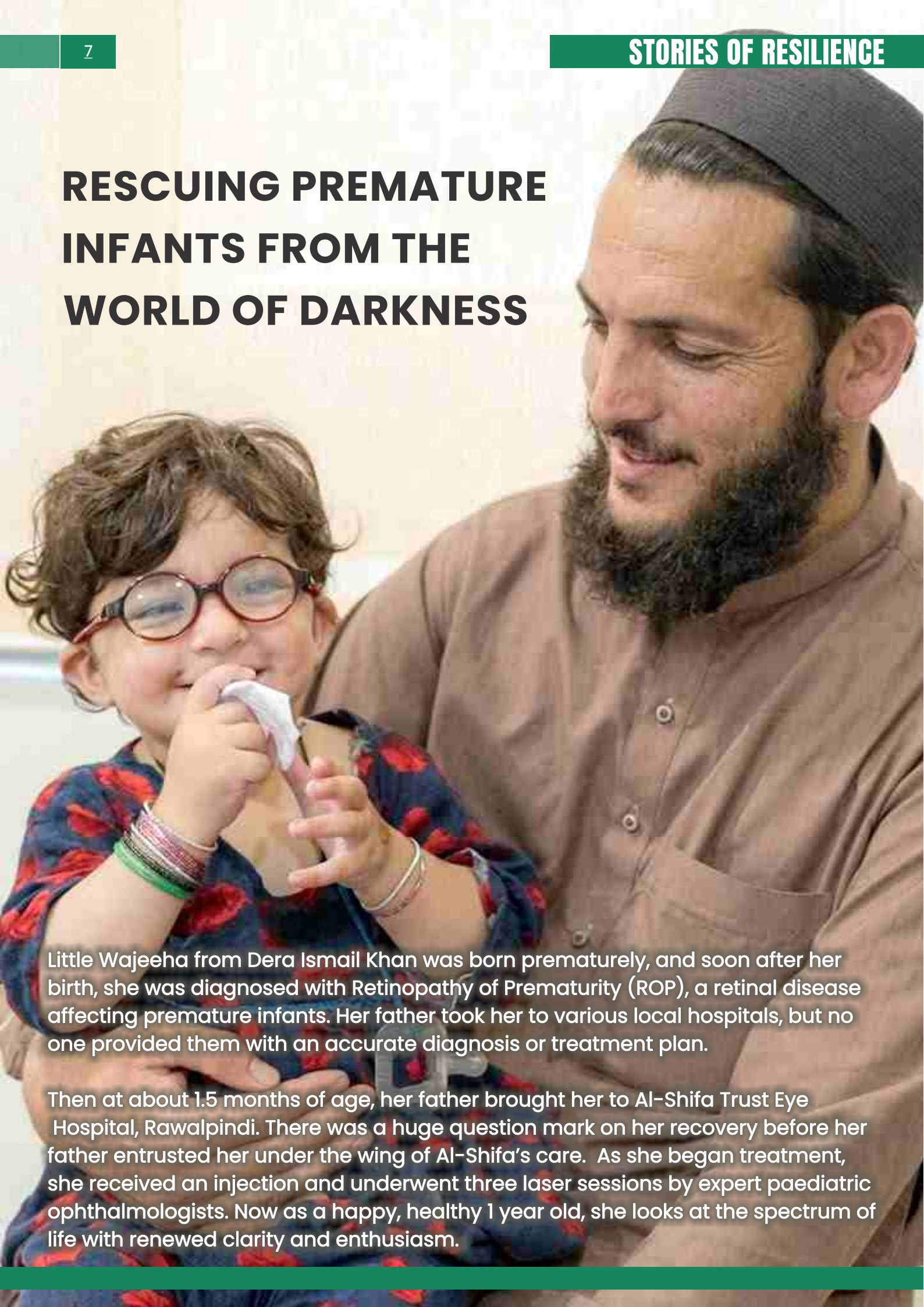
Al-Shifa Trust extends its utmost gratitude to **Mr. Safdar Saleem Shabbir** for his relentless contributions towards Al-Shifa Trust's cause. His contributions have been instrumental in bringing countless souls from darkness to light. Helping the underserved requires a heart that thinks, feels and beats for others, and espousing such a spirit requires immense dedication. He expressed keen interest in mobilising his network in Sialkot to facilitate the construction of Al-Shifa Trust Eye Hospital, Lahore.



Mr. Safdar Saleem Shabbir

By the virtue of his unparalleled contributions, each restored vision will carry forward the spirit that espouses selfless giving and goodness of heart.

RESCUING PREMATURE INFANTS FROM THE WORLD OF DARKNESS

A photograph of a man with a full dark beard and a grey cap, wearing a brown button-down shirt, holding a young child. The child has dark curly hair, wears round glasses, and a blue and red floral patterned dress. The child is holding a white tissue to their mouth. The background is a plain, light-colored wall.

Little Wajeeha from Dera Ismail Khan was born prematurely, and soon after her birth, she was diagnosed with Retinopathy of Prematurity (ROP), a retinal disease affecting premature infants. Her father took her to various local hospitals, but no one provided them with an accurate diagnosis or treatment plan.

Then at about 1.5 months of age, her father brought her to Al-Shifa Trust Eye Hospital, Rawalpindi. There was a huge question mark on her recovery before her father entrusted her under the wing of Al-Shifa's care. As she began treatment, she received an injection and underwent three laser sessions by expert paediatric ophthalmologists. Now as a happy, healthy 1 year old, she looks at the spectrum of life with renewed clarity and enthusiasm.

HEALING VISIONS AND RESHAPING FUTURES

Al-Shifa Trust leaves no stone unturned to help countless souls rewrite their stories with a pen of hope and healing. At our hospitals, every vision saved is a childhood secured and a future reshaped.

Ramsha, a young, ambitious girl from Islamabad never let her disability become a hindrance in the way of her dreams. Troubled by blindness since her childhood, Ramsha felt extremely hopeless at its onset. Her prospects seemed meek and her dreams were hindered. Ultimately, she visited Al-Shifa Trust Eye Hospital, Rawalpindi in hope that she would be able to maximise on her abilities. At the Lighthouse, she was not only given hope but was also provided with mobility training. Now, she represents her country to the best of her abilities as she is an international cricket player in Pakistan National Blind Women's Cricket Team.

Ramsha's story is a testament to her resilience and reflects the physical and emotional support that is provided at Al-Shifa Trust, thereby allowing thousands to turn their weakness into strength and their vulnerability into resilience.

LIGHT BEYOND DARKNESS

In Silent Shadows Where Hope Feels Thin,
Where Blurred Tomorrows Quietly Begin,
A Gentle Hand, A Healing Sight,
Becomes The Bearer Of Endless Light.

Where Eyes Once Dim Could Barely See,
Now Open Wide To Possibility,
A Child's First Smile, A Mother's Face,
Restored Again By Compassion's Grace.

Not Just A Hospital; More A Dream,
A Flowing, Life-Renewing Stream,
Where Kindness Speaks In Every Deed,
And Vision Answers Every Need.

Through Every Lens, Through Every Care,
Lives Are Rebuilt With Love Laid Bare,
For Sight Is More Than What We View
It's Hope Reborn, It's Life Anew.

So Hands That Give And Hearts That Strive,
Keep Countless Fading Dreams Alive,
For In This Mission, Clear And True,
The World Shines Brighter; Because Of You.

ILLUMINATING THOUSANDS OF LIVES THROUGHOUT APRIL

In the month of April 2026, the expert ophthalmologists across Al-Shifa Trust's network of tertiary care eye hospitals made relentless efforts to ensure that no patient walks out untreated.

At our hospitals, countless patients came bearing hope and received free, world-class eye care without any questions asked.



Ayesha Mateen
(Resource Generation, Branding
& Communication Department)

TOTAL OPD

115,589

TOTAL IPD

10,923

OUR NETWORK OF HOSPITALS



RAWALPINDI



CHILDREN EYE HOSPITAL, RWP



SUKKUR



MUZAFFARABAD



KOHAT



CHAKWAL



HAVELI LAKHA

UNDER CONSTRUCTION HOSPITALS

LAHORE



GILGIT



BECOME A VISION HERO CREATE A LEGACY BEYOND YOUR YEARS

DONATIONS IN PAKISTAN



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Income Tax Credit (as per FBR formula) will be given for all Zakat / donations to Al Shifa Trust, Rawalpindi vide clause No: 61(1)(d) of Income Tax Ordinance 2001



Al-Shifa Trust Eye Hospitals

Rawalpindi, Sukkur, Kohat, Muzaffarabad, Chakwal, Gilgit, Haveli Lakha, Lahore

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