



ENVISIONING VISION

NEWSLETTER



INSIGHTS

- Inauguration of Pakistan's first-ever Mobile
 Eye Operation Theatre Units
- NEW CHAPTER Al-Shifa Trust Eye Hospital, Lahore
- Tri-Party MoU with Revival Research Institute and Ibn Sina Foundation in Detroit, Michigan

And more



Maj Gen (R) Rehmat Khan President, Al-Shifa Trust

President's Message

Eye care and treatment facilities in remote areas of Pakistan are very inadequate. Al-Shifa Trust has endeavoured to reach out to the far-flung rural areas to provide critical eye treatment to the people living there. According to the long-term vision of the founder of Al-Shifa Trust, Late Lt. Gen (Retd) Jehandad Khan, we are committed to establishing hospitals across every region of the country.

In order to fulfil this mission, Al-Shifa Trust has taken a major initiative and has launched three projects. The hospital at Gilgit should be completed by the end of next year while the one at Haveli Lakha will be completed by February 2026. Al-Shifa Trust has undertaken a bold initiative of building an eye hospital in Lahore. The Government of Punjab has given Al-Shifa Trust 8 acres of land at a premium site on a long-term lease. It will be the most modern hospital of the region which will provide quality eye treatment to about 25 million people living in and around Lahore.

We have a huge task of raising funds to meet this challenging requirement. Some of our donors have helped us to move this far. We hope that they will continue their support and more will come forward to help us. We have an ambitious goal and a noble mission to eliminate blindness in Pakistan.

My very best wishes and prayers for the donors!









INAUGURATION OF PAKISTAN'S FIRST-EVER MOBILE EYE OPERATION THEATRE UNITS

Al-Shifa Trust has proudly unveiled Pakistan's first-ever Mobile Eye Operation Theatre Units, generously donated by Oil and Gas Development Company Limited-OGDCL as part of their CSR initiative.

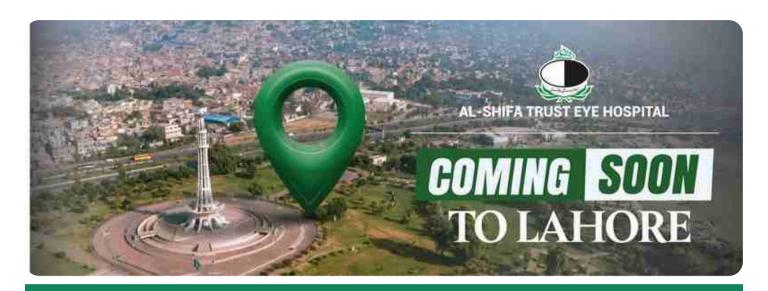
Inaugurated in April 2025 in Fateh Jang, these Mobile Eye Operation Theatres (OT) will allow our community outreach team to perform cataract and other sight-restoring surgeries right within underserved communities. Each OT is equipped with two OT tables and full pre-op setups.

We extend a heartfelt thanks to OGDCL for this generous donation and look forward to transforming lives together through the gift of sight.







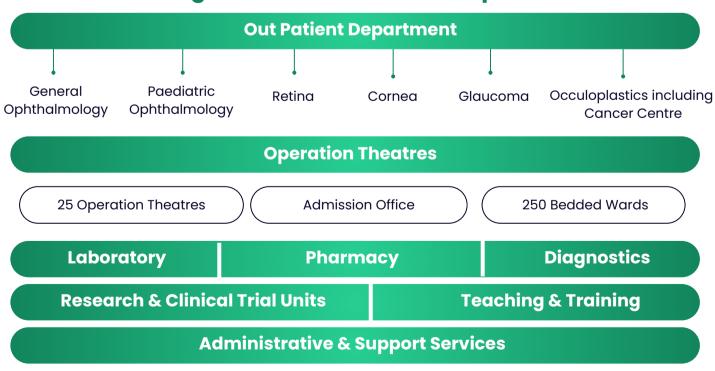


NEW CHAPTER -AL-SHIFA TRUST EYE HOSPITAL, LAHORE

Al-Shifa Trust Eye Hospital is set to build South Asia's largest eye care facility in Lahore. The Punjab government has allocated prime land for the project, which aims to provide eye care services to millions of underprivileged patients.

Major Gen. (Retd.) Rehmat Khan, President Al-Shifa Trust, announced that the hospital will cater to 2,000 OPD patients daily. The facility will include consultation rooms, surgical theatres, eye diagnostic centre, inpatient wards for 250 patients, and more. He praised the Government of Punjab for their pivotal support in granting 64 Kanals of prime land on the Ring Road near Ada Plot, Raiwind, emphasizing the collective efforts behind this humanitarian initiative.

Significant Parts of the Hospital



TEAM AL-SHIFA VISITS THE UNITED STATES FOR STRENGTHENING GLOBAL COLLABORATIONS



A delegation from Al-Shifa Trust recently visited the USA to build partnerships and share updates on our work in eye care and medical research.

The delegation included Maj Gen (R) Rehmat Khan, President Al-Shifa Trust; Prof. Dr. Wajid Ali Khan, Chief of Medical Services; and Prof. Dr. Ume Sughra, Director of Research and Clinical Trial Units. They participated in the 48th APPNA Convention held in Dallas, Texas, alongside Mr. Nasruddin Rupani, President of Al-Shifa Institution of Eye Care (ASIEC). Both Al-Shifa Trust and ASIEC teams jointly hosted a booth at the convention to showcase ongoing and future projects. We were also honored to have Mr. Rizwan Saeed Sheikh, Pakistan's ambassador to the US, with us.

Dr. Mazhar Jaffry, President & CEO of Revival Research Institute LLC, warmly welcomed the Al-Shifa Trust delegation during their visit to Michigan, recognizing their contributions and strengthening international collaboration in healthcare research. In Michigan, our team visited Eversight, where they met with key cornea donation partners, Mr. Collin Ross, Vice President of Global Development, and Mr. Michael Titus, Senior Vice President of Clinical Operations. They also visited the Kellogg Eye Center and Ibn Sina Foundation to explore further collaboration opportunities.

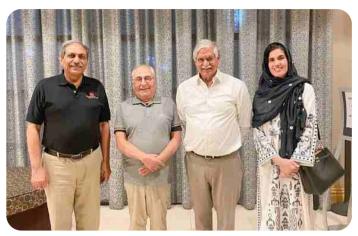












President Al-Shifa Trust, Maj Gen (R) Rehmat Khan extends heartfelt thanks to Mr. Terry M. Shaikh and Mr. Zia Butt, renowned businessman from the USA, for their invaluable support of Al-Shifa's mission.

The visit concluded with an exclusive dinner in Dallas, hosted by ASIEC and Al-Shifa Trust, bringing together key partners and supporters to celebrate and reinforce shared goals.









TRI-PARTY MOU WITH REVIVAL RESEARCH INSTITUTE AND IBN SINA FOUNDATION IN DETROIT, MICHIGAN



Al-Shifa Trust signed a Tri-Party MoU with Revival Research Institute and Ibn Sina Foundation in Detroit, Michigan with the goal to strengthen global research collaboration. The MoU was signed in a formal ceremony attended by representatives and leadership from all three organizations. The partnership aims to foster collaborative research in various fields of healthcare, with a particular focus on innovation, clinical trials, training, and knowledge exchange between institutions in the United States and Pakistan.

Speaking on the occasion, Dr. Mazhar Jaffry, President & CEO of Revival Research Institute said, "We are honoured to be part of this tri-party collaboration. Combining our strengths will accelerate medical breakthroughs and help build research capacity across borders."

Dr. Irfan Amin, Director Research & Department of Ibn Sina Foundation, added, "This partnership is a milestone in our mission to expand global health research initiatives. By working together, we aim to bring high-quality research opportunities to underserved people and regions while contributing to the global scientific community."

President of Al-Shifa Eye Trust, Maj Gen (Retd) Rehmat Khan, shared, "Al-Shifa has long been committed to both service and science. This agreement allows us to expand our impact by connecting with international experts and participating in transformative research."





Key objectives of the MoU include:

- Facilitating joint research projects and clinical trials.
- Providing training and capacity building for medical and research professionals.
- Promoting knowledge exchange and scientific publications.
- Strengthening healthcare outcomes through evidence-based innovation.

All three organizations look forward to fruitful outcomes that will benefit communities locally and internationally.

MOU WITH LIONS CLUB INTERNATIONAL

Al-Shifa Trust Eye Hospital signed an MoU with Lions Club International, District 305-N2 on July 30, 2025 at Al-Shifa Centre for Eye Cancer, Rawalpindi with the goal to jointly plan and execute indoor and outdoor entertainment programs for children affected by eye cancer.

The MoU was signed in a formal ceremony attended representatives and by leadership from both organizations including Prof. Dr. Tayyab Afghani, Senior **Oculoplastics** Consultant and HOD department, Dr. Tanzeela Farah, Paediatric Oncologist, Ms. Sehrish Sobal, Assistant Manager, Ocular Oncology Department, Dr. **Professor** Faizan Tahir, Assistant Quratulaain Ophthalmology, and Ms. Waheed, District Chairperson Lionsclub International, Paediatric Cancer.



RENEWAL OF MOU WITH KDSP ISLAMABAD CHAPTER

KDSP Islamabad Chapter renewed its MoU with Al-Shifa Trust Eye Hospital. This continued partnership underscores our shared commitment towards providing accessible and quality eye care to individuals with Down Syndrome.

Through this collaboration, we aim to ensure that those who need it the most receive the best possible care and empower them to live their lives to the fullest. KDSP is grateful for Al-Shifa Trust's dedication towards inclusive healthcare and looks forward to continuing their work with Al-Shifa Trust.



AL-SHIFA TRUST SIGNS MOU WITH METRO PAKISTAN

Al-Shifa Trust has signed an MoU with Metro Pakistan (Pvt) Limited, for the placement of donation boxes at all ten METRO stores located in Islamabad, Lahore, Faisalabad, Multan, and Karachi to accept donations from the general public.

Moreover, both parties collaborated for donations of animal hides from METRO customers to Al-Shifa Trust on the occasion of Eid-ul-Adha.





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PRESS CONFERENCE ON "RAPIDLY RISING CASES OF EYE CANCER IN CHILDREN & CHILDHOOD BLINDNESS"



Al-Shifa Trust Eye Hospital held a Press Conference on "Rapidly Rising Cases of Eye Cancer in Children & Childhood Blindness". The conference was presided over by Maj Gen (R) Rehmat Khan, President, Al-Shifa Trust, Prof Dr Wajid Ali Khan, Chief Medical Services, Prof Dr Tayyab Afghani, Head of Ocular Oncology, Orbit, and Oculoplastics Department, and Prof Dr Sumaira Altaf, Head of Paediatric Ophthalmology.

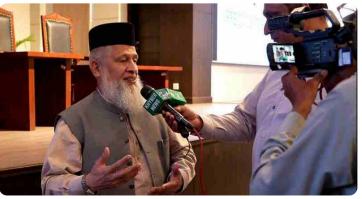
The conference called for nationwide awareness, timely action, and stronger public health initiatives to protect the vision of our children.

Prominent Media Houses provided live coverage of the press conference.









VISIT BY FIVE MEMBER DELEGATION FROM BHARATPUR EYE HOSPITAL, NEPAL



Al-Shifa Trust Eye Hospital welcomed a five-member delegation from Bharatpur Eye Hospital, Nepal, for a visit from April 6 to 12, 2025, organized by the Embassy of Pakistan in Kathmandu, in partnership with Al-Shifa Trust and Bharatpur Eye Hospital. This partnership, facilitated by the Embassy of Pakistan in Kathmandu, aims to advance expertise in ophthalmology and patient care.

This initiative aims to strengthen bilateral collaboration in eye care, public-private partnerships (PPP), mutual learning, and innovation.













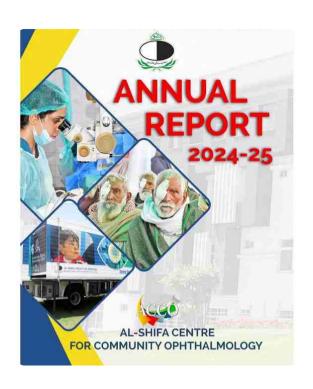
ACCO RELEASES ITS ANNUAL REPORT FOR 2024-25

Al-Shifa Trust's community outreach wing, Al-Shifa Centre for Community Ophthalmology (ACCO) is pleased to announce the release of their annual 2024-25. report for the year This comprehensive report highlights ACCO's vision, mission, important achievements, impact and initiatives over the year. The report also outlines the total beneficiaries. surgical and screening eye camps organized by ACCO, reflecting Al-Shifa Trust's commitment towards eradicating blindness in far-flung and underserved areas in Pakistan.

FY 2024-25

Total Camps: 1429

Total Beneficiaries: 665,608



CAMP TYPES	TOTAL CAMPS	BENEFICIARIES	SURGERIES
Surgical Camps	83	177,230	13,777
School Screenings	734	244,056	N/A
Screening Camps	612	244,322	N/A















AL-SHIFA DOCTORS SHINE GLOBALLY

BPOS ADVANCED GLAUCOMA CERTIFICATION

Al-Shifa Trust Eye Hospital is proud to announce that Dr. Waleed Ahmad has achieved the BPOS Advanced Glaucoma Certification.



PUBLICATION OF ARTICLE IN THE AMERICAN ACADEMY OF OPHTHALMOLOGY'S ONLINE JOURNAL

Prof. Dr. Hanif Malik, Senior Consultant, Paediatrics Department at Al-Shifa Trust Eye Hospital, has had a rare "Double Crystalline Lens" case published in the American Academy of Ophthalmology's online journal on October 22, 2024.

Double Crystalline Lens in a 3-Year-Old Child

Muhammad Harrif, DOMS, FCPS - Muhammad Sood, I Mujjaddad Rehman, FCPS, FRCS(Edin)

Affiliations & Notes > Article Info >

A pytem odd boy presented with double crystilline inverses in the larley scince brink, in evended on six-in-organizations (A). The coince had the following diameters: vertical is min, briotizated at perms, change plateage play blowed generalized estimal circulary ligh, ferrationarity readings in the left spe were 25,25 (depters at 156 depters), for disciplers of 150 depters on a contain length; was 2,30 mm. The right spe was necental, flexton were central, strately, and ministrated in the right spe, whereas the left spe withinked poor flowline, sensectiony and implementation of 2 spece feddred internocular trus (2.2) or displays were performed (C, D), (Magnified version of Figure A.)



AL-SHIFA DOCTORS SECURE THE FIRST POSITION AT THE 16TH KHYBER EYE CONFERENCE, NATIONAL QUIZ COMPETITION

Dr. Tehreem Tanveer and Dr. Nadia Rasool secured the first position at the 16th Khyber Eye Conference, National Quiz Competition, February 2025.



FIRST PAKISTANI OPTOMETRIST TO BE APPOINTED AS AN EXAMINER FOR THE ROYAL COLLEGE OF OPHTHALMOLOGISTS, UK

Al-Shifa Trust's Chief Optometrist, Mr. Umair Wakeel, has made history as the 1st Pakistani Optometrist to be appointed as an examiner for the Royal College of Ophthalmologists, UK.



FIRST FRCOPHTH PART TWO AND REFRACTION EXAMINATION

Prof. Dr. Sarah Zafar, Senior Consultant, Retina Department, and Mr. Umair Wakeel, Chief Optometrist, were honoured to be the examiners at the First FRCOphth part two and Refraction Examination held in Dubai from February 21st to 24th. They were part of a team of examiners from the UK, Dubai and Pakistan.



INTERNATIONAL RECOGNITION FOR AL-SHIFA'S DOCTORS

Al-Shifa Trust is proud to share that two of our esteemed vitreo-retina specialists have once again achieved international recognition. Dr. Aziz Jan Bashir, Associate Prof & Consultant, has been elected President, and Dr. Abdul Hannan, Consultant, has been appointed Scientific Secretary of the MEOM Young Ophthalmologists Board.

MEOM, a global ophthalmology organization renowned for its annual conferences in Dubai, brings together leading experts from around the world. Congratulations to Dr. Aziz Jan Bashir and Dr. Abdul Hannan on this outstanding achievement.



REPRESENTATION AT THE 11TH WORLD GLAUCOMA CONGRESS IN HONOLULU HAWAII, USA

Al-Shifa Trust is delighted to share that one of our Associate Ophthalmologists, Dr. Hira Muazzam proudly represented Pakistan at the prestigious 11th World Glaucoma Congress, in Honolulu Hawaii, USA where she presented research abstracts. her multiple outstanding contributions earned her a prestigious Travel Grant from the congress, making her achievement even remarkable. Impressively, she was the sole representative from Pakistan, a true beacon of excellence on the international stage. We extend our heartfelt congratulations to Dr. for remarkable Hira Muazzam her accomplishment.

In a country where cancer care remains a challenge due to limited resources, Al-Shifa Trust stands out by offering its chemotherapy services entirely free of charge.



SEMINAR ON "ETHICAL SCIENTIFIC PUBLICATION & MEDICAL JOURNALISM"



Al-Shifa Journal of Ophthalmology successfully hosted a highly insightful seminar on 'Ethical Scientific Publication & Medical Journalism: Improving Credibility in Scientific Research', featuring distinguished guest speakers and leaders from the field.

Speakers included Mr. Shaukat Ali Jawaid (Chief Editor, Pakistan Journal of Medical Sciences), Prof. Dr. Farooq Azam Rathore (Chief Editor ISPRM), Prof. Dr. Umer Farooq (Chief Editor, Journal of Ayub Medical College), Prof. Dr. Yasir Waheed (HOD Research, NUST School of Health Sciences), Prof. Dr. Mahmood Ali (Senior Consultant Glaucoma Deptt & Managing Editor, ASJO, Al-Shifa Trust), and Prof. Dr. Ume Sughra (Director Research & Professor of Public Health, Al-Shifa Trust).

The seminar was attended by senior management, doctors from Al-Shifa Trust, doctors from different other hospitals, students from PIO and other colleges. Prof. Dr. Wajid Ali Khan (Chief of Medical Services and Dean PIO, Al-Shifa Trust Eye Hospital, Rawalpindi) concluded the seminar by expressing his gratitude to the esteemed guest speakers for their valuable contributions. He also distributed the shields and appreciation certificates among the speakers and participants.





On April 30th, 2025, Al-Shifa Trust Eye Hospitals operating in Rawalpindi, Sukkur, Kohat, Muzaffarabad, Chakwal, and Gilgit, achieved a remarkable milestone by setting a new record in the number of OPD patients treated and surgeries performed in a day.

WORKSHOP ON "USE OF AI TOOLS IN MEDICAL RESEARCH & WRITING"



History was made as Al-Shifa Journal of Ophthalmology organized its first-ever workshop on a transformative topic of "Use of Al Tools in Medical Research & Writing" at Pakistan Institution of Ophthalmology (PIO), led by the esteemed Prof. Dr. Faroog Azam Rathore, Professor & Consultant in Rehabilitation Medicine.

The session brought together an inspiring group of professionals from across the field. We are grateful to all the professionals who joined and made this milestone truly memorable.





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Prize Distribution ceremony for position holders in BSc Optometry, BS Public Health, CNA, and Ophthalmic Technicians

Pakistan Institute of Ophthalmology (PIO) hosted a prize distribution ceremony for the position holders in BSc Optometry, BS Public Health, CNA, and Ophthalmic Technicians.

The event was graced by distinguished guests, including Prof. Dr. Niaz Ahmad Akhtar, Vice Chancellor of Quaid-e-Azam University, Mr. Collin Ross, Vice President of Partner Relations and Global Development at Eversight, Prof. Dr. Tasawar Hayat, Dean of the Faculty of Natural Sciences, Prof. Dr. Zafar Nawaz Jaspal, Dean of Social Sciences, Prof. Dr. Ishtiaq Ali, and Dr. Shafiq ur Rehman, Registrar of Quaid-e-Azam University.

Muqaddas Bibi secured 1st position, Zara Naz got 2nd position, and Anwisha Saleem got 3rd position in BSc Optometry. Tabinda Shaheen & Tehreem Seemab secured 1st position in BS Public Health, Sabahat Zahra & Sania Sattar secured first positions in CNA, and Naila Kosar secured 1st position in Ophthalmic Technicians.









PIO students demonstrating academic excellence in UHS exams

Pakistan Institute of Ophthalmology proudly celebrates the outstanding success of the Optometry Department, which has once again demonstrated academic excellence by securing the top three positions in BSc Hons Optometry and Orthoptics 2nd and 3rd professional exam held by University of Health Sciences Lahore in February 2025.

Congratulations to Zara Naz, Aleena Sheraz, Bisma Rasheed, Hira Ahmad, Anwisha Saleem, and Areeba Asghar. We're proud of your outstanding achievement.

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The	Result of Third Professional B.Sc. (Hons.) Optometry & O 2024, held in February-A		evised Sch	eme Ann	iual Ex	amination
Sc. No.	College	Appeared	Pass	fel		Part Percentage
1	FMH College of Medicine & Dentistry, Lahore	12	12	00	00	100.00%
2	Rashid Latif Medical College, Labore	02	02	00	00	100.00%
3	Shalamar Medical & Dental College, Lahore	08	08	00	00	100.00%
4	College of Allied Health Sciences, Bakhtawar Amin Medical & Dental College, Multan	12	10	02	00	83.33%
5	College of Allied Health Sciences, Bahawalpur Medical & Dental College, Bahawalpur	04	04	00	00	100.00%
6	Munawwar Memorial Hospital, Chalwal	16	16	00	00	100.00%
7	Pakistan Institute of Ophthalmology, Al-Shifa Trust Eye Hospital, Rawaloindi	28	28	00	00	100.00%
8	Rawalpindi Medical College, Rawalpindi	25	25	00	00	100.00%
	Overall	107	105	02	00	98.13%
	AT A SA SA		5	3	JI,	1
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Rare Surgery saves little Afghan child's sight

Seven-year-old Basmina was diagnosed with a tumour in her eye. Unfortunately, the delay in treatment led to the loss of her one eye, requiring surgery. Seeking treatment, she travelled all the way from Afghanistan to Al-Shifa Trust Eye Hospital, Rawalpindi.

The competent team of doctors at Al-Shifa Trust took her case hands-on and made all possible efforts to save her eye. She is now undergoing chemotherapy in an effort to preserve her remaining eye. Your generous donations can save Basmina from plunging into the world of darkness.



Al-Shifa Trust is honoured to receive the prestigious 'Insaan Dost Award' presented by the International Media Forum in collaboration with Fast University, Pakistan.

The award was given to Al-Shifa Trust in recognition of our commitment towards serving the community.

NEW INITIATIVES

NEW OPD BLOCK AT AL SHIFA TRUST EYE HOSPITAL RAWALPINDI

A new Outpatient Department (OPD) block has been planned to accommodate the increasing number of patients seeking our specialized care. The project's estimated cost is 1 billion PKR, with a covered area of 120,000 square feet, equipped with state-of-the-art infrastructure. Al-Shifa Trust is reaching out to philanthropic individuals and organizations to join hands and contribute to this initiative and help us continue providing accessible advanced eye care services to those in need.

NEW EYE HOSPITAL IN GILGIT

Al-Shifa Trust is building a new eye hospital in Gilgit. The land for this hospital has been generously donated by the Government of Gilgit-Baltistan. The groundbreaking ceremony of the hospital was held in July 2024. The Rupani Foundation has committed to contributing 50% of the construction cost. Another potential donor has also pledged 40 Million PKR towards the project. An additional 90 Million PKR and 100 Million PKR are required for the completion of the construction and equipment, respectively.

CONSTRUCTION OF EYE HOSPITAL IN HAVELI LAKHA

A generous donor of Al-Shifa Trust has donated land for a new eye hospital in Haveli Lakha, a city in Depalpur Tehsil of Okara District. The new hospital is strategically placed to serve newer communities that are currently at a greater distance from Al-Shifa's seven operational hospitals.

AL-SHIFA TRUST EYE HOSPITAL IN LAHORE

Recognizing Al-Shifa Trust's excellent reputation in Pakistan, the Government of Punjab has granted a 64-kanal land for the construction of Al-Shifa Trust Eye Hospital in Lahore. We are currently accepting donations for this new project.

WE CAN'T HELP EVERYONE, BUT EVERYONE CAN HELP SOMEONE

YOU CAN GIFT SIGHT TO AN UNDERPRIVILEGED CHILD





Al-Shifa Trust Eye Hospitals

Rawalpindi, Sukkur, Kohat, Muzaffarabad, Chakwal, Gilgit

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