



AL-SHIFA TRUST EYE HOSPITALS

RAWALPINDI

SUKKUR

KOHAT


MUZAFFARABAD

CHAKWAL



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**33 YEARS OF SPREADING LIGHT
THROUGHOUT PAKISTAN AND ABROAD**

WE CARE FOR EYECARE



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AL-SHIFA'S NETWORK OF EYE HOSPITALS



01

**Al-Shifa Trust Eye Hospital
Rawalpindi**



02

**Al-Shifa Trust Eye Hospital
Sukkur**



03

**Al-Shifa Trust Eye Hospital
Kohat**



04

**Al-Shifa Trust Eye Hospital
Muzaffarabad**



05

**Al-Shifa Trust Eye Hospital
Chakwal**



ABOUT AL-SHIFA TRUST

Al-Shifa Trust was established in 1985 by Late Lt. Gen Jahandad Khan as a non-governmental, non-political, charitable organization. The trust started its operations in 1991 with a clear mission - to prevent and control blindness in Pakistan.

The trust offers hospital-based tertiary eye care services, community-oriented prevention of blindness program, human resource development through education and trainings, promotion of basic and applied research in ophthalmology and clinical trials.

Every year, Al-Shifa Trust extends its healing touch to over 1 million patients through its six tertiary eye hospitals in Pakistan and a nationwide community screening and surgical eye camps program, specifically targeting the underprivileged communities.

Our 33 Years of Impact

Last year, approximately 82% patients were treated free of cost, with over 1.3 million OPDs and 100,000 surgeries done.



Our Patients

Over 27.8 Million Patients



Total Surgeries

Over 800,000 Surgeries



Monthly OPDs

Approx. 100,000 Monthly OPDs



Camps

>10,000 Screening & Surgical Eye Camps.



DISTINCTIVE FEATURES

01

Best Eye Care Facility

Al-Shifa Trust provides cutting-edge eye care services for all, especially the underprivileged and marginalised segments of society.

02

Free of Cost Treatment

Over 82% of our patients are treated free of cost. Last year, over 1.3 million patients were treated and more than 100,000 surgeries were performed.

03

Low Vision Rehabilitation

Facilities for advanced management of patients with permanent low vision or blindness are available at Light House.

04

Al-Shifa Research Centre (ASRC)

Al-Shifa Research Centre conducts world-class medical research and is contributing towards improving healthcare in Pakistan.

05

Al-Shifa Center for Community Ophthalmology (ACCO)

Al-Shifa Center for Community Ophthalmology (ACCO) conducts free screening & surgical eye camps to cater to the needs of people in underprivileged areas of Pakistan.

06

Pakistan Institute of Ophthalmology

PIO has trained more than 350 doctors in Ophthalmology (FCPS, DOMS), over 350 optometrists, and over 1600 nurses and paramedics.

07

Cataract Surgeries

Performing the country's highest number of cataract surgeries, using premium lenses and conducted by highly qualified doctors.

08

Country's 1st Eye Bank

Established in 2019, Eye Bank at Al-Shifa Trust adheres to international protocols, providing standard facilities for collecting, processing, and distributing donor corneas.

09

Highest Cornea Transplants

Largest Cornea Transplant facility in Pakistan. Over 50% of country's corneal transplants are conducted at Al-Shifa's Rawalpindi & Sukkur Hospitals.



10 Children Eye Hospital

Children Eye Hospital in AST, Rawalpindi is the only such facility in the country providing most comprehensive eye care specific to children.

11 Largest OT Facility

One of the largest state of the art Operation Theatre facility where 30 operations can be conducted simultaneously under top of the line surgeons, anesthetists and allied paramedical staff.

12 Center for Eye Cancer

Center for Eye Cancer is Pakistan's only exclusive eye cancer centre. All underprivileged patients are treated completely free of cost. Our center offers free chemotherapy and surgery for the patients, and we have also partnered with CMH for radiation treatment, covered financially by the Al-Shifa Trust, ensuring comprehensive care for our patients.

13 Highly Qualified Doctors

Currently 130 highly qualified doctors are working at Al-Shifa Trust Eye Hospitals.

14 Best Retina Department

Country's best Retina Department facility offering treatments to the most complex conditions related to retina.

OPHTHALMOLOGY SUBSPECIALTIES AT AL-SHIFA TRUST EYE HOSPITAL

DEPARTMENT OF VITREO RETINA

Addresses conditions affecting the retina such as diabetic retinopathy, age-related macular degeneration, and retinal detachments.

DEPARTMENT OF CORNEA & REFRACTIVE SURGERY

Focused on the diagnosis and treatment of corneal disorders and anterior segments of the eye, the department offers treatment facilities such as corneal cross-linking and corneal transplants as well as the latest excimer laser facility for removal of glasses.

DEPARTMENT OF GLAUCOMA

Specialized in the management of glaucoma (a group of eye conditions that damage the optic nerve), the department aims to control intraocular pressure and preserve vision.

DEPARTMENT OF PEDIATRIC OPHTHALMOLOGY

Children Eye Hospital, Rawalpindi is dedicated to the eye health of children, addressing conditions like Amblyopia (lazy eye), Strabismus (crossed eye), Retinoblastoma, Retinopathy of Prematurity and other pediatric eye disorders.

DEPARTMENT OF ORBIT, OCULOPLASTICS & OCULAR ONCOLOGY

Deals with tumors of the eye, reconstruction of birth defects, reconstructive surgery of the eyelids, orbit, and lacrimal system, and treatment of trauma injuries through modern plastic surgery techniques. The new Eye Cancer Unit that deals with Ocular Oncology (eye cancers) also operates under this department.

DEPARTMENT OF GENERAL OPHTHALMOLOGY

Specialized in general eye OPDs, surgical removal of cataracts, and refractive surgeries such as LASIK to correct vision impairments, ensuring enhanced visual acuity.

DIAGNOSTICS DEPARTMENT

Diagnostics department includes highly trained staff and state of the art, comprehensive diagnostic equipment for eye diseases that is only available at Al-Shifa Trust in Pakistan.

Diagnostic Facilities

OPTICAL COHERENCE TOMOGRAPHY (OCT)

CORNEAL CONFOCAL MICROSCOPY

FUNDUS FLUORESCIN ANGIOGRAPHY

ANTERIOR SEGMENT OCT

FUNDUS PHOTOGRAPHY

ANTERIOR SEGMENT PHOTOGRAPHY

ULTRASONOGRAPHY A-SCAN / B-SCAN

SPECULAR MICROSCOPY

VISUAL FIELD ANALYSIS / FDT

PACHYMETRY

IOL MASTER

BIOMETRY

CORNEAL TOPOGRAPHY (GALILEI)



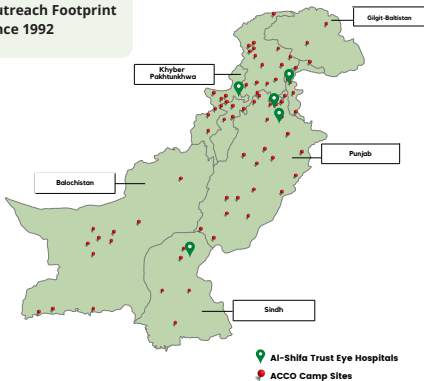


AL-SHIFA CENTER FOR COMMUNITY OPHTHALMOLOGY (ACCO)

ACCO runs the largest community outreach program for the prevention of blindness in Pakistan. The Highlights of this program include:

1. Free School Screening Eye Camps
2. Free Community Screening Eye Camps
3. Free Surgical Eye Camps

Our Community Outreach Footprint since 1992



PAKISTAN INSTITUTE OF OPHTHALMOLOGY (PIO)

Pakistan Institute of Ophthalmology (PIO) is the academic wing of Al-Shifa Trust. The objective of PIO is to work towards human resource development and ensure availability of trained manpower for the hospital.

PROGRAMS OFFERED AT PIO

Allied Health Professionals

- ✓ BSc. Optometry 4-Year Degree Program
- ✓ Certified Nursing Assistant (CNA) 2-Year Diploma
- ✓ Ophthalmic Technician Course 2-Year Diploma
- ✓ OT Technician Course 2-Year Diploma
- ✓ Ophthalmic Nursing Assistant 1-Year Course
- ✓ Dispensing Optician 1-Year Course

Training Program for Doctors

- ✓ Subspecialty Fellowships
- ✓ FCPS (4-Year Residency)
- ✓ DOMS (2-Year Program)

Uptil now, more than 350 doctors and over 1600 paramedics have been trained at PIO.

National Affiliations:



Quaid-i-Azam University



University of Health Sciences



Nursing Council of Pakistan



College of Physicians & Surgeons Pakistan



Punjab Medical Faculty

International Linkages:



AL-SHIFA RESEARCH CENTRE (ASRC)

Al-Shifa Research Centre was established in September 2017 at Al-Shifa Trust Eye Hospital, Rawalpindi. Our vision is to be the centre of excellence for conducting world-class and creative bio-medical research activities to enhance the knowledge base and contribute towards improving the health care system and social advancement for the people of Pakistan.

ANNUAL PROGRESS

7

International Clinical Trials

79

Publications

350

Citations

Clinical Trials

1

STUDY TITLE: A Phase III Randomized, Double-blind, Placebo-controlled Clinical Trial in 18 Years of Age and Above to Determine the Safety and Efficacy of ZF2001, a Recombinant Novel Coronavirus Vaccine (CHO cell) for Prevention of COVID-19.

2

STUDY TITLE: A Phase III, Randomized, Observer-blind, Multicenter Study to Evaluate the Efficacy, Immunogenicity and Safety of Seqirus'Cell-Based Quadrivalent Subunit Influenza Virus Vaccine (QIVc) Compared to a Non- Influenza Vaccine when Administered in Healthy Subjects aged 6 Months through 47 Months.

3

STUDY TITLE: A Randomized, Double-masked, Parallel-group, Multicenter Clinical Study to Evaluate the Efficacy and Safety of AVT06 Compared with EU-Eylea® in Subjects with Neovascular (wet) Age-related Macular Degeneration (ALVOEYE).

4

STUDY TITLE: A Multi-center, Randomized, Blinded, Placebo-controlled, Phase 3 Clinical Study to Evaluate the Efficacy, Safety And Immunogenicity of Sars-cov-2 Bivalent mRNA Vaccine (LVRNA021) as Booster In Participants aged 18 Years and Older Who Completed Primary/1 Booster Dose(s) Of SARS-Cov-2 Vaccination.

5

STUDY TITLE: A Phase 3, randomized, double-blind, placebo-controlled study to evaluate the effect of Bi-26 (strain of Bifidobacterium longum, B. infantis) supplementation versus placebo on weight gain in underweight Infants.

6

STUDY TITLE: A Phase 3 Randomized, Double-Blind, Placebo-Controlled Study to Evaluate the Efficacy and Safety of Bemnifosbuvir in High-Risk Outpatients with COVID-19.

7

STUDY TITLE: A phase III, Randomized, Comparator-Controlled, Double-Blind, Multicenter Study to Evaluate the Immunogenicity, Safety and Lot to Lot Consistency of Three Lots of a PIKA Rabies Vaccine (Vero cell) for human use, freeze-dried in Healthy Adults using a Post Exposure Prophylaxis schedule.

NEW INITIATIVES

NEW OPD BLOCK AT AL SHIFA TRUST EYE HOSPITAL RAWALPINDI

A new Outpatient Department (OPD) block has been planned to accommodate the increasing number of patients seeking our specialized care. The project's estimated cost is 1 billion PKR, with a covered area of 120,000 square feet, equipped with state-of-the-art infrastructure. Al Shifa Trust is reaching out to philanthropic individuals and organizations to join hands and contribute to this initiative and help us continue providing accessible advanced eye care services to those in need.

NEW EYE HOSPITAL IN GILGIT

Al-Shifa Trust is building a new eye hospital in Gilgit. The land for this hospital has been generously donated by the Government of Gilgit-Baltistan. The groundbreaking ceremony of the hospital was held in July 2024. The Rupani Foundation has committed to contributing 50% of the construction cost. Another potential donor has also pledged 40 million PKR towards the project. An additional 90 Million PKR and 100 Million PKR are required for the completion of the construction and equipment, respectively.

CONSTRUCTION OF EYE HOSPITAL IN HAVELI LAKHA

A generous donor of Al-Shifa Trust has donated land for a new eye hospital in Haveli Lakha, a city in Depalpur Tehsil of Okara District. The new hospital is strategically placed to serve newer communities that are currently at a greater distance from Al-Shifa's six operational hospitals.

AL-SHIFA TRUST EYE HOSPITAL IN LAHORE

Recognizing Al-Shifa Trust's excellent reputation in Punjab, the Government of Punjab has agreed to grant a 68-kanal land for the construction of Al-Shifa Trust Eye Hospital in Lahore. We are currently accepting donations for this new project.

PLAN FOR AL-SHIFA TRUST EYE HOSPITAL IN QUETTA

A hospital has been planned in Quetta to extend eye care services for the people of Balochistan. Currently, Al-Shifa Trust is seeking donors for the planned facility.



HELP US EMPOWER LIVES THROUGH THE GIFT OF SIGHT






DONATE TO SPREAD LIGHT

You may send donations via QR code
or through our donations page at
www.alshifaeye.org



Al-Shifa Trust Eye Hospitals

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