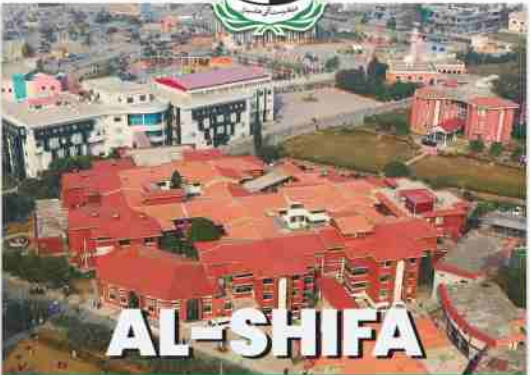




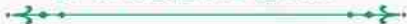
AL-SHIFA

TRUST EYE HOSPITALS

RAWALPINDI - SUKKUR - KOHAT - MUZAFFARABAD - CHAKWAL - GILGIT -
HAVELI AKHA - LAHORE

35 YEARS

OF SPREADING LIGHT



THROUGHOUT PAKISTAN AND ABROAD



Table of Contents



About Al-Shifa Trust	4
Al-Shifa's Network of Eye Hospitals	5
Distinctive Features	6
Ophthalmological Subspecialties	8
Al-Shifa Center for Community Ophthalmology (ACCO)	9
Al-Shifa Research Centre (ASRC)	10
Pakistan Institute of Ophthalmology (PIO)	12
Diagnostics Department	13
Pakistan's Only Children Eye Hospital	14
New Initiatives	15



ABOUT AL-SHIFA TRUST



Al-Shifa Trust was established in 1985 by Late Lt. Gen Jahandad Khan (Retd) as a non-governmental, a political and not-for-profit organization. The Trust started its operations in 1991 at Rawalpindi with a clear mission - to prevent and control blindness in Pakistan.

The Trust offers hospital-based tertiary eye care services, community-oriented prevention of blindness program, human resource development through education and trainings, promotion of basic and applied research in ophthalmology and clinical trials.

Every year, Al-Shifa Trust extends its healing touch to millions of patients through its six tertiary eye hospitals in Pakistan. In addition, a nationwide community eye screening and surgical camp program specifically targets the underprivileged communities. This year, over 2.2 million people have benefitted from our services.

35 Years of our Impact

Al-Shifa Trust provides top-of-the-line eye care services to all its patients. Every year, over 89% of our patients are treated free of cost.



Our Patients

Over 33 Million Patients



Total Surgeries

Over 1.6 Million Surgeries



Monthly OPD

Over 140,000 Monthly OPD



Community Outreach Program

Over 16,000 Eye Screening & Surgical Camps



OUR NETWORK OF HOSPITALS



Havell Lakha Hospital



Muzaffarabad Hospital



Kohat Hospital



Rawalpindi Hospital



Children Eye Hospital, RWP



Chakwal Hospital



Sukkur Hospital

UNDER CONSTRUCTION HOSPITALS



Lahore Hospital



Gilgit Hospital



DISTINCTIVE FEATURES

01

State-of-the-art Eye Care Facility

Al-Shifa Trust provides cutting-edge eye care services for all, especially the underprivileged and marginalised segments of society.

02

Free of Cost Treatment

We provide top-of-the-line eye care services to all our patients. Every year, over 89% of our patients are treated free of cost.

03

Highest Cornea Transplants

Al-Shifa Trust is the Largest Cornea Transplant facility in Pakistan. Over 50% of the country's corneal transplants are conducted at Al-Shifa's Rawalpindi & Sukkur Hospitals.

04

Pakistan's Only Retinopathy of Prematurity (ROP) Centre

Al-Shifa Trust is Pakistan's only facility offering specialised Retinopathy of Prematurity (RoP) screening and treatment.

05

Ophthalmic Genetics Lab

The Ophthalmic Genetics Lab at Al-Shifa Trust Eye Hospital, Rawalpindi is Pakistan's first ophthalmic genetics lab. It operates in a specialized field that focuses on understanding the genetic basis of eye diseases. For the first time in Pakistan, this remarkable initiative provides free genetic testing services for the underserved population of Pakistan.

06

Centre for Eye Cancer

Al-Shifa Centre for Eye Cancer is Pakistan's only exclusive eye cancer centre. All underprivileged patients are treated completely free of cost. Our centre offers free chemotherapy, surgery, and rehabilitation for patients. We have also partnered with another hospital for radiation treatment, covered financially by Al-Shifa Trust, ensuring comprehensive care for our patients.

07

One-of-its-kind Thyroid Eye Disease Clinic

Al-Shifa Trust has an exclusive clinic that caters to patients suffering from eye diseases due to thyroid disorders.

08

Al-Shifa Center for Community Ophthalmology (ACCO)

Al-Shifa Centre for Community Ophthalmology (ACCO) conducts free eye screening & surgical camps to cater to the needs of people in underprivileged areas of Pakistan.

09

Low Vision Rehabilitation

Facilities for advanced management of patients with permanent low vision or blindness are available at Lighthouse.



10 Children Eye Hospital

Children Eye Hospital at Al-Shifa Trust Eye Hospital, Rawalpindi is the only such facility in the country that provides the most comprehensive eye care specific to children.

11 Largest OT Facility

One of the largest state-of-the-art Operation Theatre facility where 32 operations can be conducted simultaneously under highly qualified surgeons, anesthetists and allied paramedical staff.

12 Country's First Eye Bank

Inaugurated in 2019, the Eye Bank at Al-Shifa Trust adheres to international protocols, providing standard facilities for collecting, processing, storing and distributing donor corneas.

13 Pakistan Institute of Ophthalmology (PIO)

Pakistan Institute of Ophthalmology (PIO) is an academic institution established by Al-Shifa Trust. This institute offers advanced training for doctors and paramedics by expert ophthalmologists and optometrists.

14 Cataract Surgeries by Expert Surgeons

Al-Shifa Trust performs one of the highest number of cataract surgeries in the country using premium lenses. These surgeries are conducted by highly qualified surgeons.

15 Al-Shifa Research Centre (ASRC)

Al-Shifa Research Centre conducts world-class bio-medical research and is contributing towards improving healthcare in Pakistan.

SUBSPECIALTY DEPARTMENTS AT AL-SHIFA TRUST EYE HOSPITAL

DEPARTMENT OF VITREO-RETINA

Addresses conditions affecting the retina such as diabetic retinopathy, age-related macular degeneration, and retinal detachments.

DEPARTMENT OF CORNEA & REFRACTIVE SURGERY

Focused on the diagnosis and treatment of corneal disorders and anterior segments of the eye, the department offers treatment facilities such as corneal cross-linking and corneal transplants as well as the latest excimer laser facility for the removal of eyeglasses.

DEPARTMENT OF GLAUCOMA

Specialized in the management of glaucoma (a group of eye conditions that damage the optic nerve), this department is focused on controlling intraocular pressure and preserving vision.

DEPARTMENT OF PAEDIATRIC OPHTHALMOLOGY

Children Eye Hospital, Rawalpindi is dedicated to the eye health of children, addressing conditions like Amblyopia (lazy eye), Strabismus (crossed eye), Paediatric Cataract, Paediatric Glaucoma, Retinoblastoma, Retinopathy of Prematurity (ROP) and other paediatric eye disorders.

DEPARTMENT OF ORBIT, OCULOPLASTICS & OCULAR ONCOLOGY

Deals with tumours of the eye, reconstruction of birth defects, reconstructive surgery of the eyelids, orbit, and lacrimal system, and treatment of trauma injuries through modern plastic surgery techniques. The new Eye Cancer Unit that deals with Ocular Oncology (eye cancers) also operates under this department.

DEPARTMENT OF GENERAL OPHTHALMOLOGY

Specializes in general eye OPDs, surgical removal of cataracts, and refractive surgeries such as LASIK to correct vision impairments, ensuring enhanced visual acuity.

DEPARTMENT OF OPHTHALMIC GENETICS

The country's first Ophthalmic Genetics Department with a state-of-the-art Ophthalmic Genetics Lab. It operates in a specialized field that focuses on understanding the genetic basis of eye diseases.

AL-SHIFA RESEARCH CENTRE (ASRC)

ASRC's prime vision is to be the centre of excellence for conducting world-class and creative bio-medical research activities to enhance the knowledge base and contribute towards improving the health care system and social advancement for the people of Pakistan.

AL-SHIFA OCULOFACIAL AESTHETICS AND REJUVENATION CENTRE

Our team of experienced Oculoplastic Surgeons and Aestheticians offers advanced skincare treatments, including Botox, HIFU, Laser, PRP, Carbon Peels, and more.

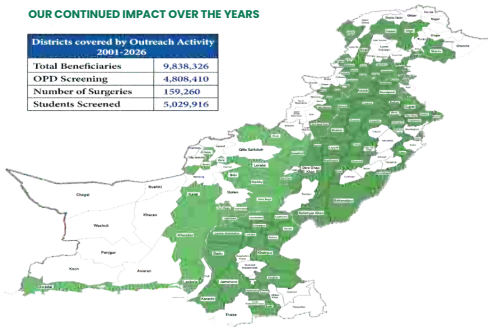
AL-SHIFA CENTRE FOR COMMUNITY OPHTHALMOLOGY (ACCO)

ACCO runs the largest community outreach program for the prevention of blindness in the remote and underserved regions of Pakistan. The highlights of this program include:

- Free School Screening Camps
- Free Community Eye Screening Camps
- Free Eye Surgical Camps
- Pakistan's first Mobile Operation Theatre Units
- DM / HTN Screenings

OUR CONTINUED IMPACT OVER THE YEARS

Districts covered by Outreach Activity 2001-2026	
Total Beneficiaries	9,838,326
OPD Screening	4,808,410
Number of Surgeries	159,260
Students Screened	5,029,916



Al-Shifa Research Centre (ASRC) was established in September 2017 at Al-Shifa Trust Eye Hospital, Rawalpindi. ASRC has the prime vision to be the centre of excellence for conducting world-class and creative bio-medical research activities to enhance the knowledge base and contribute towards improving the health care system and social advancement for the people of Pakistan.



OUR COLLABORATORS



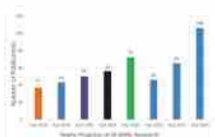
CLINICAL TRIALS AT ASRC

Area	Indication	Sponsor	Year	Phase	Status	Enrollment Duration	Subjects Screened	Subjects Enrolled
Immunology	COVID-19	Anhui Zhefei Longcom Pharmaceutical	2021	III	Completed	3 Months	3840	2700
Immunology	Influenza	CSL Seqirus	2022	III	Completed	2 Months	191	188
Ophthalmology	Wet AMD	Alvotech Swiss AG	2022	III	Completed	8 Months	66	24
Immunology	COVID-19 Booster	AIM Vaccine Co., Ltd	2023	III	Completed	15 Days	2356	2000
Immunology	Rabies	Yisheng Biopharma	2023	III	Ongoing	1 Month	1004	889
Pediatrics	Malnutrition	Bill & Melinda Gates Medical Research Institute	2024	III	Completed	4 Months	17	15
Infectious Dis.	COVID-19	Atea Pharmaceuticals, inc.	2024	III	Completed	3 Months	250	5
Immunology	Rabies (Pre Exposure)	Sinovac (Chengdu) Biotech Co., Ltd.	2026	III	Ongoing	10 Days	415	390
Immunology	Rabies (Post Exposure)	Sinovac (Chengdu) Biotech Co., Ltd.	2026	III	Ongoing	10 Days	427	390

PUBLICATIONS

PUBLICATION PROGRESS OF AL-SHIFA TRUST EYE HOSPITAL

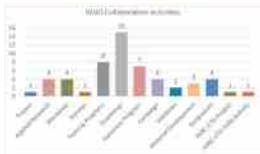
2018-2023



COLLABORATIONS

WITH WHO

WHO Collaborative activities



PAKISTAN INSTITUTE OF OPHTHALMOLOGY (PIO)

Pakistan Institute of Ophthalmology (PIO) is the academic wing of Al-Shifa Trust. The objective of PIO is to work towards human resource development and ensure availability of trained manpower for the hospital.

PROGRAMS OFFERED AT PIO

Allied Health Professionals

- ✓ BSc. Optometry 4-Year Degree Program
- ✓ Certified Nursing Assistant (CNA) 2-Year Diploma
- ✓ Ophthalmic Technician Course 2-Year Diploma
- ✓ Dispensing Optician Course 2-Year Diploma

Training Programs for Doctors

- ✓ Subspecialty Fellowships
- ✓ FCPS (4-Year Residency)
- ✓ DOMS (2-Year Program)

National Affiliations:



Quaid-i-Azam
University



PMDC



Nursing Council
of Pakistan



University of Health
Sciences, Lahore



CPSP



Punjab
Medical Faculty



Nursing Examination
Board, Punjab

International Linkages:



INTERNATIONAL COUNCIL
of OPHTHALMOLOGY

DIAGNOSTICS DEPARTMENT

Diagnostics department includes highly trained staff and state-of-the-art, comprehensive diagnostic equipment for eye diseases that is only available at Al-Shifa Trust in Pakistan.

Diagnostic Facilities

OPTICAL COHERENCE TOMOGRAPHY (OCT)

CORNEAL CONFOCAL MICROSCOPY

FUNDUS FLUORESCIN ANGIOGRAPHY

ANTERIOR SEGMENT OCT

FUNDUS PHOTOGRAPHY

ANTERIOR SEGMENT PHOTOGRAPHY

ULTRASONOGRAPHY A-SCAN / B-SCAN

SPECULAR MICROSCOPY

VISUAL FIELD ANALYSIS / FDT

PACHYMETRY

IOL MASTER

BIOMETRY

CORNEAL TOPOGRAPHY (GALILEI)

RETCAM



PAKISTAN'S ONLY CHILDREN EYE HOSPITAL



As a golden feather in Al-Shifa's cap, the Children Eye Hospital at Rawalpindi is exclusively dedicated to the eye health of children, addressing various conditions like Amblyopia (lazy eye), low vision, Strabismus (crossed eye), Retinoblastoma, Retinopathy of Prematurity, paediatric cataract, paediatric glaucoma, paediatric ocular trauma and hereditary ocular conditions.



Remarkably, Al-Shifa Trust is the only institute in the region to offer acute ROP screening and treatment to combat childhood blindness.



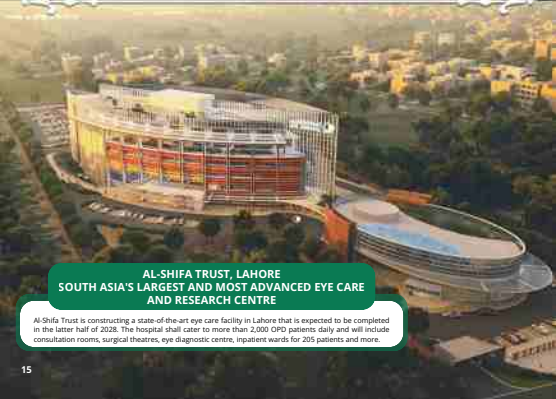
This hospital is fully equipped with cutting-edge medical and surgical technologies and has the best paediatric eye specialists in the country to provide state-of-the-art eye care facilities to all patients without discrimination. The four-storey complex also has an Eye Cancer Unit specifically for the ocular oncology department.



NEW INITIATIVES

NEW EYE HOSPITAL IN GILGIT

A tertiary care eye hospital has entered its construction phase in Gilgit. This hospital will serve the people in Gilgit Baltistan without them having to travel long distances to avail quality eye treatment.



AL-SHIFA TRUST, LAHORE SOUTH ASIA'S LARGEST AND MOST ADVANCED EYE CARE AND RESEARCH CENTRE

Al-Shifa Trust is constructing a state-of-the-art eye care facility in Lahore that is expected to be completed in the latter half of 2028. The hospital shall cater to more than 2,000 OPD patients daily and will include consultation rooms, surgical theatres, eye diagnostic centre, inpatient wards for 205 patients and more.

WE CAN'T HELP EVERYONE, BUT
EVERYONE CAN —————
HELP
————— SOMEONE

**SCAN TO
DONATE**



Al-Shifa Trust Eye Hospitals

Rawalpindi, Sukkur, Kohat, Muzaffarabad, Chakwal, Gilgit, Haveli Lakha, Lahore

📍 Al-Shifa Trust Eye Hospital, Jhelum Road, Rawalpindi.

☎ +92 51 5487821-5 | 📧 donation@alshifaeye.org | 🌐 www.alshifaeye.org



alshifatrusteyehospital