



Al-Shifa Trust Eye Hospitals  
**Spreading light since 1991**

**committed  
to FIGHT  
against  
BLINDNESS**



[www.alshifaeye.org](http://www.alshifaeye.org)



# ABOUT AL-SHIFA TRUST

Al-Shifa Trust was established in 1985 by Late Lt. Gen Jahandad Khan as a non-governmental, non-political, charitable organization. The trust started its operations in 1991 with a clear mission to prevent and control blindness in Pakistan.

The trust offers hospital-based tertiary eye care services, community-oriented prevention of blindness program, human resource development through education and trainings, promotion of basic and applied research in ophthalmology and clinical trials.

Every year, Al-Shifa Trust extends its healing touch to over 1 million patients through its six tertiary eye hospitals in Pakistan and a nationwide community screening and surgical eye camps program, specifically targeting the underprivileged communities.



# OUR FOOTPRINT



# OUR HISTORY



AST has been fighting blindness in Pakistan for more than 3 decades. Here is a glimpse of our 34 years of journey in the field of eyecare.

<b>1985</b> AST Established	Al-Shifa Trust was established as an NGO in 1985 by Late Lt. Gen (R) Jehandad Khan.
<b>1991</b> Became Operational	Al-Shifa Trust Eye Hospital, Rawalpindi began its operations in 1991.
<b>1992</b> Community Outreach	AST started its eyecare community outreach program under Al-Shifa Centre for Community Ophthalmology (ACCO).
<b>1997</b> PIO	AST's academic wing, Pakistan Institute of Ophthalmology (PIO), was inaugurated in 1997 by the ex-president, Mr. Farooq Laghari.
<b>2000</b> AST Sukkur	Al-Shifa Trust built a new Eye Hospital in Sukkur to serve the communities in Sindh.
<b>2005</b> AST Kohat	Al-Shifa Trust built a new Eye Hospital in Kohat to serve the communities in KPK.
<b>2009</b> Lighthouse	Al-Shifa Established the first Low-Vision Rehabilitation Centre in Pakistan.
<b>2011</b> AST Muzaffarabad	AST's 4th tertiary eye care hospital became operational to serve the people in Azad Kashmir.

Alza Pharmaceuticals	<b>2015</b>	AST started this A+ category pharmaceutical unit as a commercial venture in 2015.
Eye Bank	<b>2019</b>	Al-Shifa Trust established the first eye bank in the country to recover, prepare, store, and deliver corneas.
Al-Shifa Research Center	<b>2021</b>	First DRAP-Licensed clinical trial site was established at Al-Shifa Research Center.
AST Chakwal	<b>2021</b>	Al-Shifa Trust Eye Hospital Chakwal opened its doors for the communities in Chakwal region in April 2021.
Children Eye Hospital	<b>2021</b>	The first Children Eye Hospital in Pakistan for pediatric eye care became functional in August 2021.
Center for Eye Cancer	<b>2022</b>	Pakistan's first exclusive eye cancer center was inaugurated in 2022 offering chemotherapy services to pediatric patients.
New Clinical Trial Site	<b>2022</b>	A new clinical trial site was established in Oct 2022 to expand Al-Shifa's operations in the domain of Clinical Trials.
Adult Chemotherapy	<b>2023</b>	Al-Shifa Center for Eye Cancer started offering Chemotherapy to adult patients with eye cancer.
AST Chakwal Expansion	<b>2024</b>	New OPD block inauguration at AST Chakwal was held in the month of July.
AST Gilgit Groundbreaking	<b>2024</b>	Groundbreaking ceremony of AST Gilgit was held in July 2024.



# Al-Shifa Trust Eye Hospital

## Rawalpindi

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# Children Eye Hospital Rawalpindi

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# Al-Shifa Trust Eye Hospital Sukkur

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# Al-Shifa Trust Eye Hospital Kohat

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# Al-Shifa Trust Eye Hospital

## Muzaffarabad

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# Al-Shifa Trust Eye Hospital Chakwal

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**34  
YEARS  
OF  
IMPACT**

**Over 30 Million**  
Beneficiaries



**Over 1 Million**  
Surgeries



**100,000**  
Monthly OPD Patients



**Over 12,000**  
Eye Camps





A photograph of an elderly woman in profile, facing right. She is wearing a bright orange sari with a decorative border. Her face is weathered, and she has a white patch over her right eye and a yellow circular object on her nose. She is wearing a colorful, patterned blouse. The background shows a row of metal lockers in a clinical or institutional setting. A semi-transparent dark rectangle is overlaid on the lower part of the image, containing the text "Distinctive Features" and a series of four orange chevrons pointing right.

# Distinctive Features





## ALL SUB-SPECIALITIES OF OPHTHALMOLOGY

Al-Shifa Trust Eye Hospital  
extend comprehensive and  
quality eye care services in 6  
specialized departments.

- Cornea
- Retina
- Pediatric Ophthalmology
- Glaucoma
- Cataract Surgery
- Ocular Oncology, Orbit & Oculoplastics.





## PREMIUM EYE CARE AT NO COST

Every year, AST treats over 82% of its patients for free, reflecting its unshaken commitment towards the welfare of the underprivileged and marginalized community of the society.



## LARGEST OPERATION THEATER FACILITY

Operation Theatre facility in Al-Shifa Trust's base hospital in Rawalpindi can accommodate over 30 patients at once, thereby significantly increasing the number of eyes that can see the light of the day.



A detailed close-up photograph of a human eye. The iris is a light, golden-brown color with a complex, fibrous texture. The pupil is dark and centrally located. The sclera (white part of the eye) is visible on the right side, showing some fine, reddish-brown blood vessels. The eyelids are visible at the top and bottom, with dark, thick eyelashes. A semi-transparent dark grey rectangular box is overlaid on the lower-left portion of the eye, containing text in orange and white.

## LARGEST CORNEA TRANSPLANT FACILITY

Al- Shifa Trust Eye Hospital has the largest cornea transplant facility across Pakistan, with over 50% of the entire country's cornea transplant surgeries taking place at the cornea department of Al-Shifa Trust Eye Hospital, Rawalpindi.









## LARGEST TERTIARY EYE CARE HOSPITAL NETWORK IN PAKISTAN

AST has the largest tertiary eye care hospital network across Pakistan, with 6 fully functional tertiary eye hospitals situated at strategic locations throughout the country. Our hospitals at Rawalpindi, Sukkur, Kohat, Muzaffarabad and Chakwal consist of up to the mark facilities.




## FIRST EYE BANK OF PAKISTAN

Al-Shifa Trust had a major breakthrough in 2018 with the inauguration of Pakistan's first ever eye bank in collaboration with Eversight, an International NGO based in the United States. The eye bank follows international protocols to recover, prepare, store, and deliver donor corneas.







## MOST ADVANCE RETINA DEPARTMENT IN THE COUNTRY

Under the esteemed leadership of the country's most prominent eye specialist, the retina department at Al-Shifa Trust Eye Hospital offers treatment for patients struggling with complex retinal pathologies such as macular degeneration, diabetic retinopathy, age related macular diseases (AMD), complex retinal detachment, retinal vascular diseases and posterior segment trauma.

## THE ONLY CHILDREN EYE HOSPITAL IN PAKISTAN

Al-Shifa Trust has Pakistan's only Children Eye Hospital. The hospital is a four-story complex that caters to over 500 OPDs and 50 surgeries per day while making sure that all patients are treated by competent pediatric ophthalmologists using the latest machinery.







## THE ONLY EXCLUSIVE CENTRE FOR EYE CANCER

The center offers free chemotherapy and surgery for patients with eye cancer. We have also partnered with another hospital for radiation treatment, covered financially by Al-Shifa Trust.



## CATARACT SURGERIES WITH PREMIUM LENSES

Al-Shifa Trust is the only eye hospital in NGO sector where high quality lenses from the UK are used for all free cataract surgeries.



## LIGHTHOUSE (LOW VISION REHABILITATION CENTRE)

In one of the firsts, Al-Shifa has established Lighthouse, which is a low vision rehabilitation center. The Lighthouse provides support and rehabilitation services for patients with low vision or blindness who cannot benefit from medical or surgical interventions.



# We are working on SDGs.

With its 2030 Agenda for Sustainable Development, all member states of the United Nations have adopted 17 Sustainable Development Goals (SDGs) to ensure global social welfare and prosperity. Al-Shifa Trust displays an unwavering commitment towards the fulfillment of SDG 3, contributing to the prosperity and well being of Pakistani people now, and into the future.

## **SDG 3 – To prevent needless suffering from preventable diseases and premature death.**

Al-Shifa Trust has the utmost drive towards its fundamental mission, that is to fight blindness in the country. Our organization strives to achieve SDG 3 by making quality eye care accessible and affordable to all. The top-of-the-line hospitals of AST have the expertise to treat a broad range of eye diseases. At Al-Shifa, the highly qualified doctors and paramedics ensure that each patient is treated with the same level of compassion so that they return with complete health. In a remarkable initiative, AST also offers low vision rehabilitation to those who struggle to perform daily activities due to low vision or no vision. Al- Shifa Trust's commitment towards this SDG is further exemplified by the fact that over 82% of the patients are treated free of cost annually.



**3** GOOD HEALTH  
AND WELL-BEING



## SDG 17: Partnerships for the Goals

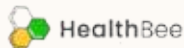
Al- Shifa Trust partners with various sponsors, donors and collaborators in order to generate capital that goes towards the free treatments of underprivileged patients as well as the betterment of the quality of the infrastructure and services of the hospital. Our partners not only support us in our mission of fighting against blindness but also support us in every way possible to improve eye health across Pakistan, contributing to SDG 17.



17 PARTNERSHIPS  
FOR THE GOALS



# Our Valuable Partners







# Al-Shifa Centre for Community Ophthalmology (ACCO)

ACCO - The largest outreach program for the prevention of blindness in Pakistan.

Highlights of programme are:

- School Screening Eye Camps
- Community Screening Eye Camps
- Surgical Eye Camps
- Awareness and Primary Eye Care Session







## AL-SHIFA CENTRE FOR COMMUNITY OPHTHALMOLOGY (ACCO)

ACCO is a ground-breaking initiative of AST to offer specialized eye care at the doorsteps of the underprivileged. Our teams conduct free surgical and eye screening camps all across the country, going an extra mile to provide eye care to remote and underdeveloped areas of Pakistan.



# Pakistan Institute of Ophthalmology (PIO)

Pakistan Institute of Ophthalmology (PIO) is the academic wing of Al- Shifa Trust. The objective of PIO is to work towards human resource development and ensure availability of trained manpower for the hospital.



**Uptil now, more than 450 doctors and over 1600 paramedical staff have been trained at PIO.**



# Programs offered at PIO

## Courses for Allied Health Professionals

- BSc. Optometry (4-Year Degree program)
- BS Public Health
- Certified Nursing Assistant (CNA) 2-Year Diploma
- Ophthalmic Technician Course (2-Year Diploma)
- OT Technician Course (2-Year Diploma)
- Ophthalmic Nursing Assistant (1-Year course)
- Dispensing Optician (1-Year course)

## Training Programs for Doctors

- Subspecialty Fellowships
- FCPS (4-Year Residency)
- DOMS (2-Year Program)

## National & International Linkages



# Al-Shifa Research Centre (ASRC)

Al-Shifa Research Centre was established in September 2017 at Al-Shifa Trust Eye Hospital, Rawalpindi. Our vision is to be the Centre of Excellence for conducting world-class and creative bio-medical research activities to enhance the knowledge base and contribute towards improving the health care system and social advancement for the people of Pakistan.

## Our research partners

BILL & MELINDA  
GATES foundation

Seqirus  
A CSL COMPANY

alvotech

ZFSW  
The Biologica Company

YS BIOPHARMA

ATEA  
Pharmaceuticals

AIM 艾美疫苗  
全产业链疫苗集团

## Research publications in



The NEW ENGLAND  
JOURNAL of MEDICINE

BMJ Journals

BMJ Nutrition,  
Prevention & Health



# HELP US EMPOWER LIVES THROUGH THE GIFT OF SIGHT

SCAN TO  
DONATE



## FOR DONATIONS IN PAKISTAN

### AL-SHIFA TRUST

**Bank Name:** Askari Bank

**Bank Account Number:** 0181-165000058-5

**IBAN Number:** PK53ASCM0001811650000585

SCAN TO  
DONATE



## FOR DONATIONS IN THE US

### AL-SHIFA INSTITUTION OF EYE CARE

**BANK NAME:** CAPITAL BANK






**BANK ACCOUNT NUMBER:** 071907327

**BANK ROUTING NUMBER:** 113002296





Al-Shifa Trust Eye Hospital, Jhelum Road, Rawalpindi.  
 +92 51 5487821-5 | [info@alshifaeye.org](mailto:info@alshifaeye.org)  
[www.alshifaeye.org](http://www.alshifaeye.org)






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