

# **Progress Report**

## **2010 - 2011**

## **Al-Shifa Trust Annual Progress Report**

### **Hospital Activities**

- During the last financial year (July 2010-June 2011) Al-Shifa Trust managed about half million patients which include 360,469 patients treated at our four hospitals and 110,269 patients provided eye care in the community. Forty thousand patients were provided with sight restoring surgery during this period.
- In the year under review, Al-Shifa Trust Eye Hospital Rawalpindi managed a total of 242,548 patients through hospital based and outreach services. Out of these, 23,943 underwent different kind of operations.
- The Sukkur hospital after its inauguration in June 2000 has now got fully consolidated and in view of quality of its services, almost all eye patients from the upper Sindh and southern districts of Punjab are turning up for treatment in this hospital. During this year, 200,402 patients were treated, while about 8,380 were successfully operated.
- Al-Shifa Trust Eye Hospital Kohat, although a new addition to AST chain, yet it performed well and treated about 46,000 patients through hospital and outreach activities. Over 3,400 operations were conducted during the same period. The Kohat Hospital has also been focus of donor-supported projects. With the help of Embassy of Japan latest equipment was procured to treat blind children. With the help of Universal Service Funds (USF), the latest low vision management concept of Light House was introduced at Kohat which is the only of its kind in whole of KPk.
- After the construction of the Muzaffarabad Hospital was completed, the hospital started providing full-fledged eye treatment to patients from 12, April, 2011.

### **Training Activities**

- Pakistan Institute of Ophthalmology is the seat of learning both for doctors as well as for ophthalmic midlevel personnel (OMP) This year seven doctors and 48 OMP successfully completed their training. About 40 doctors and 100 OMP are under training.
- Five senior ophthalmologists from Bangladesh completed their short-term subspecialty training in Glaucoma, Cornea, Oculoplastics and Low Vision. “We find the training facilities

of Al-Shifa Trust as one of the best in the region” commented Dr. Masum Habib who has also been to other regional countries for this type of training.

- This year Lions Clubs provided support for training of 27 paramedics. Lions Clubs International has already supported a similar 3 years project, where about 300 ophthalmic midlevel personnel completed their training successfully.
- Under Prime Minister’s Skill Development Program, National Vocational Training and Education Commission (NAVTEC) provided a substantial grant of Rs. six million for training about 85 eye paramedics.
- The construction of Pakistan Institute of Ophthalmology (PIO) at Sukkur Hospital has been completed at the cost of Rs. 50 million. Being built on the lines of PIO Rawalpindi, it will soon start training ophthalmic nurses, ophthalmic technicians and refractionists.

### **Outreach Community Services**

- Al-Shifa Trust is conducting one of the most widespread outreach programs in the country. This year in 271 screening camps, about 145,000 people in distant rural areas were screened, which include about 10,000 patients transported to base hospitals for surgery.
- 14 surgical camps were held where about 1,500 operations were successfully conducted in far-flung and highly underserved parts of Sindh, Baluchistan, KPk and Punjab Province.
- People affected by devastating floods were also provided with relief and medical services by our outreach department. Over 20,000 flood affectees were supported through this program.

### **Social Activities**

Al-Shifa Trust is also involved in promotion of social activities for patient welfare. Two of these stand out.

- Young friends of Al-Shifa (YFA) comprising of young energetic students from leading city schools remained committed to welfare of poor and visually challenged people and provided 8 weeks voluntary services for this purpose.
- Two Lions Clubs (Rawalpindi Al-Baseerat and Rawalpindi Al-Noor Lions Clubs) comprising doctors of Al-Shifa are also working day and night to prevent and control blindness.

### **Fund Raising Activities**

- Four important fund-raising functions were held at Islamabad, Lahore and Changla Gali in Pakistan and St. Louis, USA where over Rs. 40 million were raised.
- Late Mr. Jahandad Khan undertook last foreign fund raising tour of his life in UK from 18<sup>th</sup> October to 02 November, 2010. During this tour, he visited London, Glasgow, Birmingham, Bradford and Manchester. Despite prevailing financial difficulties, he was able to raise about 125,000 US dollars.

### **New Initiatives/Projects**

- Al-Shifa Trust in collaboration with Governments of Italy and Pakistan launched comprehensive Tele-ophthalmology program from 14<sup>th</sup> December 2010. Under this three years joint project, all four AST hospitals will be joined through broad band internet. This will enable the Tele-diagnosis of complicated eye patients in Sukkur, Kohat and Muzaffarabad by senior specialists based at Rawalpindi. Similarly training of doctors and paramedics will also be conducted at all the four hospitals through Tele-conferencing and Tele-training programs. In the later phases of this project, rural health centers will also be connected with AST hospital at Rawalpindi. The linkage with Sukkur hospital has already been established.

### **Visits and Visitors**

- Prof. Wajid Ali Khan, Prof. Tayyab Afghani, Dr. Farah Akhtar, and Dr. Asif Kiani participated in international conferences at Berlin, Riyadh, Sydney and Greece
- Lion past International Directors Mehta and Mrs. Nilofar Bakhtiar, international WHO consultant Dr. Pararajasegaram and President of Al-Shifa Foundation for North America, Mr. Tahir Zafar were prominent visitors this year.